

SÉPAQ

# PARC NATIONAL DU MONT-SAINT-BRUNO

**Protected area. Enriching nature experiences.**

**The *Parc national du Mont-Saint-Bruno* is a veritable biodiversity islet in the heart of an urban and agricultural area. A highly representative element of the natural region comprising the Monteregian Hills, the park stands out through the extensive diversity of its flora and fauna as well as the heritage of its human history.**



# OUR TEAM'S FAVORITES



A

## Watercraft rental at the *Lac des Bouleaux*

A one-of-a-kind opportunity to get acquainted with canoeing or riding a stand-up paddle board (SUP) in a delightful, captivating panorama while discovering this lake's innumerable secrets.



B

## Orchard

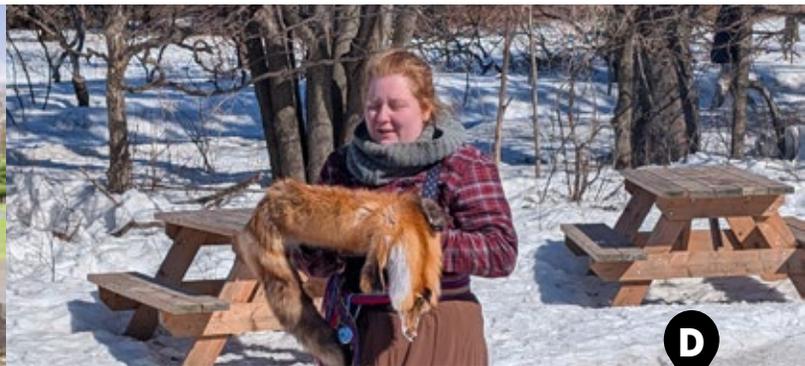
Starting in late August, the park's orchard offers several varieties of crunchy, succulent apples you can pick yourself! A unique opportunity to enjoy hiking on our trails surrounded by Mother Nature's fall colours.



C

## The Tea Room at *Le Vieux-Moulin*

Located in the heart of the park and proud of its more than 300 years of history, the Old Mill Tea Room offers a selection of teas, speciality coffees, Viennese bakery products, and smoothies, in a highly congenial atmosphere. Also to be seen, temporary exhibitions of Quebec artists' works.



D

## Discovery Activities

A whole range of discovery activities, hosted throughout the seasons by passionate naturalist park wardens, will appeal to young and old alike!



E

## Cross-Country Skiing for Everyone!

A cross-country skiing network comprising 35 km of mechanically groomed trails (27 km for alternating step and 8 km for skating step) welcomes you to get away from it all for hours at a time. For children, the "On the Power Cube Trail" run offers a fun, leisure format for practicing cross-country skiing.



F

## Fatbike Trails

This large-tire bicycles provide traction ideal for snow-covered surfaces. Come over and try them out on our dedicated trails (13.5 km)! Available on rental at the Discovery and Visitors Centre during winter.



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Photos: Béatrice Trudeau-Duquette, Mathieu Dupuis, Lauriane Monette — CIME Haut-Richelieu, Guillaume Poulin, Philippe Lamarre, Patrick R. Bourgeois, Benoit Plantard, Shutterstock.

# DISCOVER OUR TRAILS

		LENGTH AND DURATION*		LEVEL	DEPARTURE
	<b>Le Saint-Gabriel</b> This trail is where the Brothers of <i>Saint-Gabriel</i> left a deep, durable mark. As you hike along, let the orchard, arboretum and grotto win you over.	1.8 km Loop	45 min	E	Discovery and Visitors Centre
	<b>Le Seigneurial</b> Take advantage of this trail running alongside the lac Seigneurial to learn more about the Montarville seigniori's history and vacationing at <i>Mont-Saint-Bruno</i> .	7 km Loop	1 h 30	E	
	<b>Les Lacs</b> As its name suggests, this pedestrian parkway lets you discover the park's aquatic and wetland ecosystems, all extremely rich and colorful environments.	8.8 km Round trip	2 h	E	
	<b>Le Montérégien</b> Located in the middle of the forest, this trail is perfect for savouring the moment and bathing in this unique atmosphere that only the forest can offer: fragrances rich in underbrush, a sound environment that is cozy and calm, but also churning with life.	8.8 km Loop	2 h	I	
	<b>Le Petit-Duc</b> Along this trail, hikers pass between two ponds and can make eye-opening observations despite the area's visitor traffic. It is commonplace to surprise a muskrat, a great heron on watch, or a green frog giving a concert.	1.5 km Loop	20 min	E	
	<b>Le Grand-Duc</b> This pedestrian beltway goes through several different environments, such as shrubby wildland, a sugar maple-hickory stand, a fledgling woodland of hardwoods intolerant of shade (birches and poplars), and a field.	3.5 km Round trip	1 h	E	

\*Durations and difficulty levels are mentioned as guides, and apply to the summer season.

 Hiking  Biking  Brochure/Panels  Family experience  Dogs allowed - [sepaq.com/animaux](https://sepaq.com/animaux)

**E:** Easy **I:** Intermediate **D:** Difficult



## IN THE WILD, YOUR SAFETY IS YOUR RESPONSIBILITY

### Outdoor activities can involve certain risks.

Always be sure to have the skills and abilities required for the activity you choose. It is very important to find out about the risks involved in the activity, to know and respect your own limits and to use appropriate equipment. Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities.

**For more information, visit our website at [sepaq.com/security](https://sepaq.com/security)**





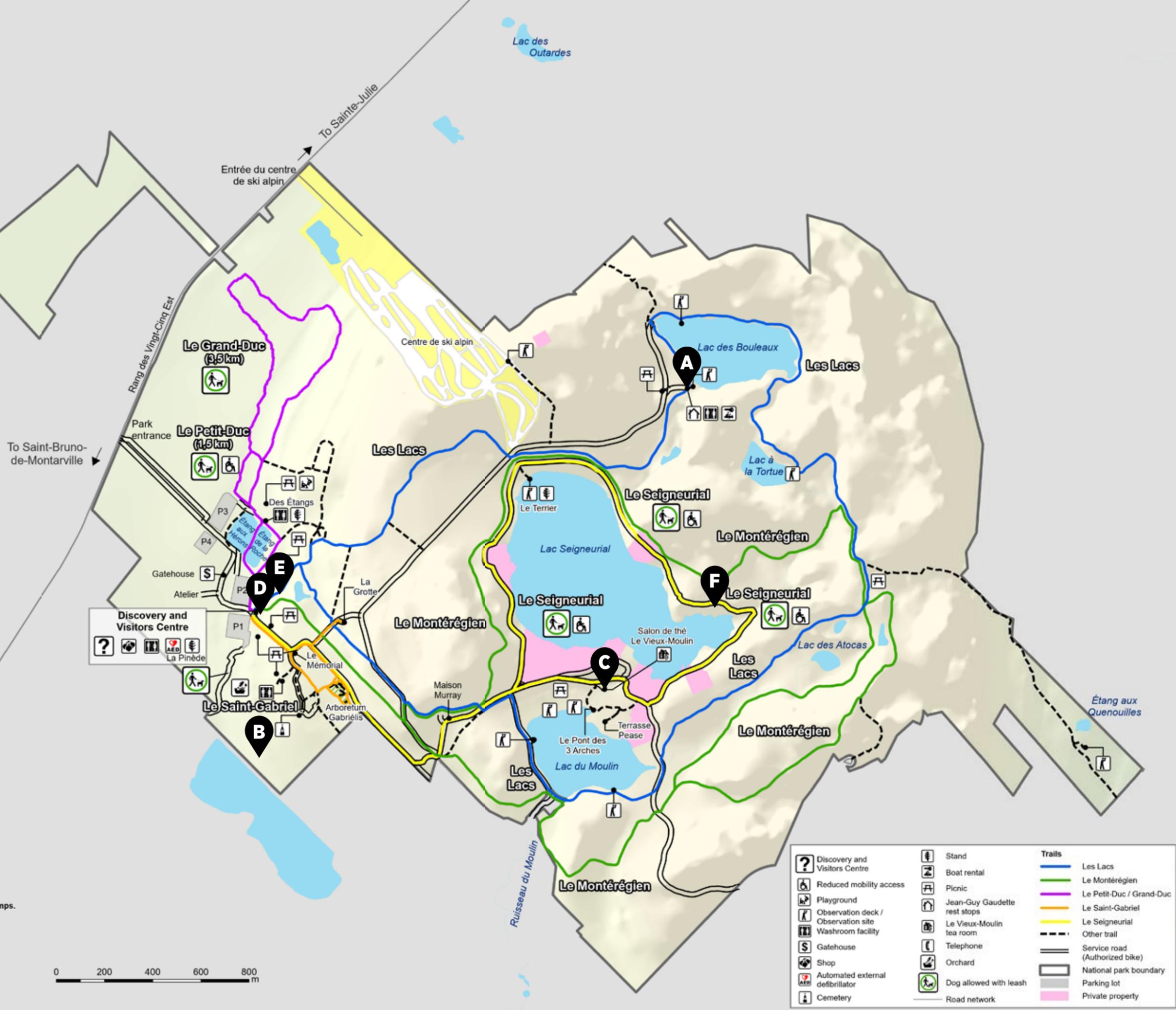
**ACCESSIBLE ONLY ON FOOT AND ON BICYCLE, GUARANTEED RELAXATION AT THE PARC NATIONAL DES ÎLES-DE-BOUCHERVILLE JUST A FEW KILOMETRES AWAY.**



Download via Avenza Maps

L'information fournie sur cette carte peut changer sans préavis. En cas de disparité, l'information sur le terrain doit prévaloir en tout temps.

Cette carte intègre de l'information géographique de source gouvernementale. Pour des besoins de représentations, certaines données ont subi des transformations et des adaptations qui ont pu modifier la donnée originale. Données originales utilisées Année 2025 Banque de données Sépaq Cartes topographiques à l'échelle de 1/20 000 Source des données utilisées Ministère des Ressources naturelles et des Forêts © Gouvernement du Québec



	Discovery and Visitors Centre		Stand	<b>Trails</b>		Les Lacs
	Reduced mobility access		Boat rental		Le Montérégien	
	Playground		Picnic		Le Petit-Duc / Grand-Duc	
	Observation deck / Observation site		Jean-Guy Gaudette rest stops		Le Saint-Gabriel	
	Washroom facility		Le Vieux-Moulin tea room		Le Seigneurial	
	Gatehouse		Telephone		Other trail	
	Shop		Orchard		Service road (Authorized bike)	
	Automated external defibrillator		Dog allowed with leash		National park boundary	
	Cemetery		Road network		Parking lot	
						Private property

# DISCOVERY TIME



## NEW FORMULA

### Shedding New Light on the Stars

Come and gaze up at the starry sky in an enchanting atmosphere, alongside the *Société d'astronomie de la Montérégie (SAMO)*. Telescopes, astronomical telescopes and chats led by a naturalist park warden will send you on a voyage throughout the universe.

**Make yourself comfortable and let the Perseids' magic cast its spell on you!**

**Where:** Discovery and Visitors Centre area

**When:** Tuesday August 12 from 8:30 P.M. to 1:30 A.M. In case of rain, the activity is postponed to Wednesday August 13.

**Paid access** (free of charge for Saint-Bruno residents with proof of residency)

In collaboration with *Ville de Saint-Bruno* and the *SAMO*

### Le terrier Stand

During the 2025 season, *Le terrier*, a **permanent discovery stand**, will once again be the lighthouse for all those explorers at heart bubbling with questions about the park's fauna and flora!

Over the seasons, come by and meet a naturalist and park warden who will share his/her passion for and knowledge of the park's natural and cultural heritage!

**When:** Find out more information at [sepaq.com/montsaintbruno](http://sepaq.com/montsaintbruno)



### Stars for an Evening!

These guided evening treks introduce you to the fascinating world of fireflies and allow you to experience the park in a new light... **that of the night!**

Do you hear the frog's call? Or perceive the skunk's odour? Bats, raccoons, flying squirrels... What surprises does the night hold in store for us?

**Follow your guide to find out.**

**When:** July 3, 5, 10 and 12 from 9 P.M. to 10:30 P.M.

**Priced activity**  
**Reservations compulsory**



### Raptors Ahead!

We can more or less guess which raptors we are looking at from their outlines profiled on the horizon. One flies straight ahead, another glides while turning around... but what are these birds of prey? Where do they go? A passionate naturalist and park warden makes it a date with you in the "Old Orchard" to unveil the secrets behind the great fall migrations.

**When:** September 13, 14, 20, 21, 27 and 28, from 10 A.M. to 3:00 P.M.

## DISCOVERY AND SCHOOL ACTIVITIES

**Consult the program to enrich your visit.** (in French only)

You will find entertaining activities to explore the park from every angle.



### Come and live a simplified family experience!

#### Family Experience Yippee, it's absolutely free!

For kids 17 years of age and under, access, accommodations, and certain equipment loans are free of charge.

The offer varies from one establishment to another.



# CONSERVE FOR TOMORROW



## When Response and Action Equate Protection

Since 2005, the park has been confronted by a **Virginia deer overpopulation problem**. A second deer herd shrinkage operation took place in the fall of 2024. It enabled us to draw **191 out of a herd of at least 278 deer** in the *parc national du Mont-Saint-Bruno*. The control measures intend to limit pressure exerted on the vegetation by these cervids' grazing, in order to promote the ecosystems' natural restoration and ensure survival of many rare plant species. This action, coupled with a similar initiative carried out at the *parc national des Îles-de-Boucherville*, allowed us to re-distribute the meat to food banks through the auspices of the *Chasseurs généreux* program, and thus provide almost **60,000 meat portions!**

## Exclosures for Preserving the Forest Cover

In order to protect **American cancer-root and broad beech-fern populations, two species under protected status in Quebec**, two new exclosures have been fit up and installed in the park. **These exclosures, respectively measuring 93,000 m<sup>2</sup> and 46,300 m<sup>2</sup> in area, allow these two species and all others thus protected to grow freely, sheltered from being grazed by the Virginia deer, whose populations are overabundant in the park.** Thanks to these exclosures, we provide for the flora's longevity and preserve the forest cover. Other exclosures are already present in the park, and we will fit up and install more still over the coming years.



## Conservation Is Everybody's Business!

The *parc national du Mont-Saint-Bruno* is currently contending with a touchy problem: the fauna's development of unusual behaviours toward humans.

Keeping one's distance and refraining from feeding wild animals make for a step in the right direction.

### By the way, why not to feed them?

- Animals find in their natural surroundings the food adapted to their needs.
- Not only can our food not be suited to them, but also, and worse, it can lead to health problems, discomfort and ailments, and even cause death.
- Feeding wild animals imparts a dependency that can make them vulnerable to predators.
- Our food's appeal increases their recklessness toward humans.
- Every time we disturb and/or disrupt their natural activities, we modify their behaviours at the risk of their own lives.



# CONSERVE FOR TOMORROW



Flowering Garling mustard



Chorus frog



## Giant Efforts for a Tiny Frog

The chorus frog, this minute amphibian, is an endangered species in Quebec. As Mother Nature needs a bit of a helping hand sometimes, the park's conservation department proceeded to contribute to saving this frog by re-introducing it into ponds specially fit up for its preservation. In co-operation with various partners such as the *Biodôme de Montréal*, we have released about 2,500 such mini-frogs into these ponds since the genesis to this project (in 2020). We will once again carry out an audio inventory and a scientific follow-up this year, and if the trend continues, there are grounds for optimism!

## Preserving This Species Is Done One Chorus Frog at a Time!

### The Fight Against IASs!

It is safe to predict that over the coming years, you will see the abbreviation "IAS" more often. It stands for "invasive alien species," i.e., species that came from elsewhere, often settle aggressively into our ecosystem, dislodge and bump out our indigenous species, and automatically take over their territories. The conservation team has gone on the war path to contain the invasion of 6 IASs in the park! A characterization of each of these species'

populations and the actions taken in the form of manual lifting and pulling out will continue this year in order to limit their propagation.

- Garlic mustard
- Common barberry
- Buckthorn / cathartic
- Common reed
- Japanese knotweed
- Russian venom master

# 5 ground rules to follow in nature

## Our national parks

get millions of visits each year. Harmful behaviors can cause permanent damage to the environment and hinder other visitors' experience. Let's do our part to protect nature so we can all enjoy it for years to come.



### Stay on trails and in designated visitor areas

Don't step off the trails or walk in the undergrowth to avoid trampling plants and compacting the soil.



### Do not gather dead wood

Help preserve the undergrowth by leaving dead wood in place. It serves as shelter for wildlife and enriches the soil after decomposing.



### Do not feed wildlife

Allow animals to feed themselves so they can follow their natural instincts. Keep all foods out of their reach.



### Keep your distance when observing animals

Repeated disturbances can alter their behavior and affect their ability to find food, mate, and communicate with each other.



### Be mindful of the peace and quiet and adhere to curfews

Noise frightens wildlife, and people visit national parks to enjoy nature. Please follow curfews and refrain from making noise at all times.

