

SÉPAQ

# PARC NATIONAL DE LA JACQUES-CARTIER

**Protected area. Enriching nature experiences.**

Located just outside Quebec City, explore the great outdoors and connect with nature at the Parc national de la Jacques-Cartier. This protected area is home to the magnificent Jacques-Cartier River, which meanders through one of the oldest glacial valleys in Quebec. Breathtaking views, peaceful nature.

# OUR TEAM'S FAVORITES



A

## La Brunante River Ride

Experience an enchanting downriver run as twilight falls. Two river guides on board will give you tips on navigating whitewater, then you will set off to contemplate the scenery.

**Reservation is mandatory at 1-800-665-6527.**



B

## The Curieux de nature Trail

Indulge your curiosity along this path and explore the history of Parc national de la Jacques-Cartier over time, by taking on a series of unusual challenges!

Meet up at the Belleau Picnic site.



C

## Rabaska-Shelter Combo

To find out all about the origins of the park and discover its magnificent landscapes on land and water, combine the *Beneath the Giant Rocks* and *Follow the Current in a Rabaska Canoe* guided activities. **Reservation is mandatory at 418-848-3169 #6.**



D

## Mini-Raft

The mini-raft is the watercraft of choice to explore the lively waters of the Jacques-Cartier River with family and friends. Terrific fun for everyone!

**Reservation is mandatory at 1-800-665-6527.**



E

## Winter Trails

When winter sets in, more than 94 km of trails are yours to explore at the Park. You will be overwhelmed by spectacular landscapes!

Details available at: [sepaq.com/jacquescartier](http://sepaq.com/jacquescartier)



F

## School Activities, come Summer or Winter

Are you a teacher or do you know one? We offer primary and secondary school activities in both summer and winter.

Contact us for more information! [sepaq.com/jacquescartier](http://sepaq.com/jacquescartier)



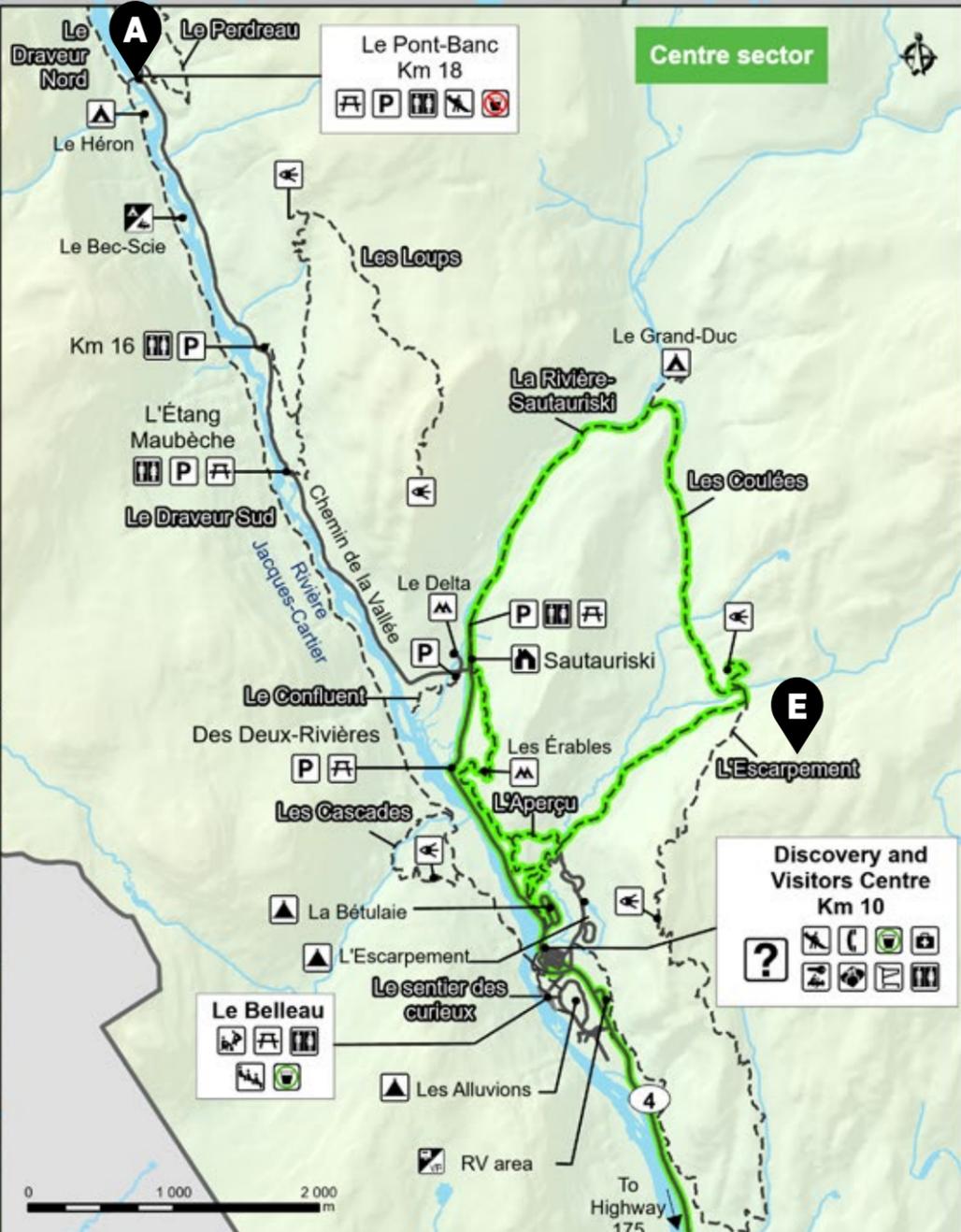
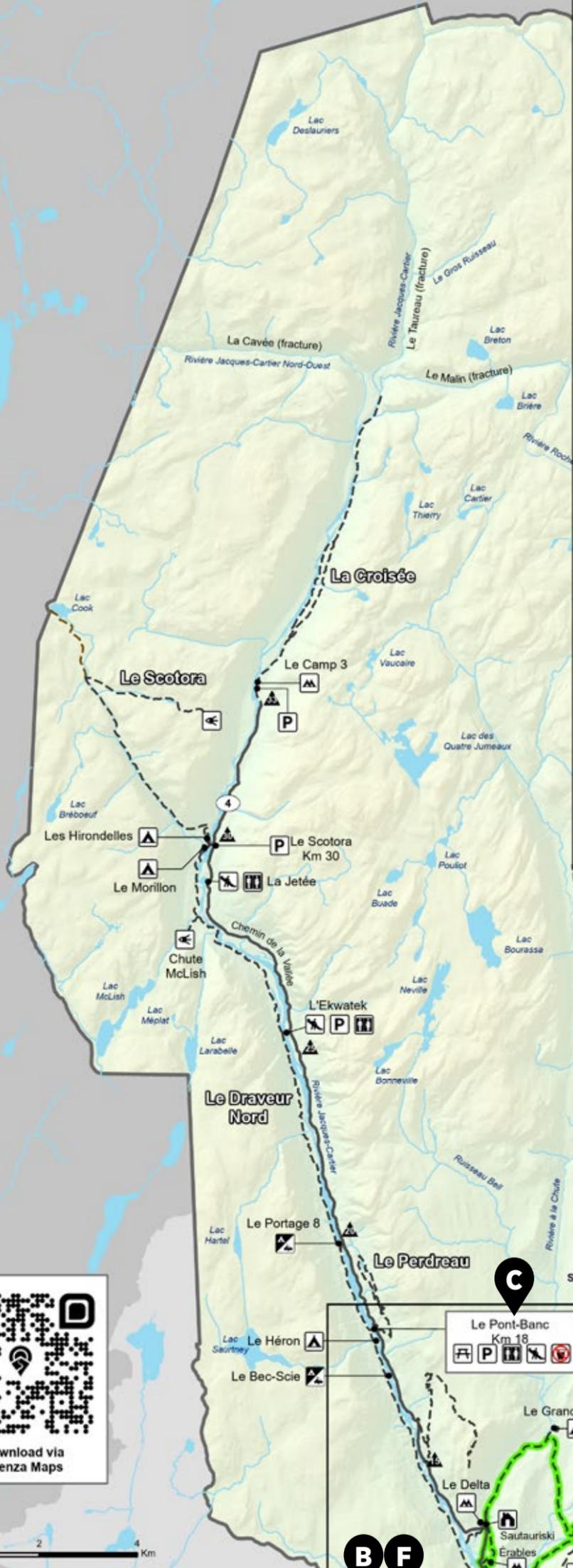
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# DISCOVER OUR TRAILS



		LENGTH AND DURATION*	LEVEL	DEPARTURE POINT		
		<b>La Mésange</b> – Hike this short trail alongside massive maple and birch trees towering above lush undergrowth.	2.6 km loop	45 min	●	Km 0
		<b>La Rivière-Cachée</b> – After crossing the footbridge over the turbulent Cachée River, discover a charming view of the Jacques-Cartier River.	3,4 km round trip	1 ¼ h	●	Km 0
		<b>La Tourbière</b> – This short hike is filled with sights worth seeing! Visit a peat bog, a fir stand and a yellow birch forest.	2.9 km loop	1 h	●	Km 3
		<b>L'Éperon</b> – Discover the L'Éperon Mountain, hike along the meandering river and take in a succession of breathtaking views of the valley. Featuring a 210-metre elevation.	5.4 km loop	2 ¼ h	■	Km 3
		<b>La Rivière-à-l'Épaule</b> – Reach the À L'Épaule sector by taking this trail: a worthy challenge for mountain bike enthusiasts.	40 km round trip	5 ½ h	◆	Km 3 or À L'Épaule Sector
		<b>L'Aperçu</b> – Hike along the magnificent surroundings of the Belleau brook for a thrilling outing full of discoveries.	2.2 km loop	45 min	●	Km 10
		<b>Les Cascades</b> – Cool sounds and an exhilarating visual experience await you on this trail running next to a cascading brook.	4 km loop	1 ½ h	●	Km 10
		<b>Le Draveur Sud</b> – Hike this forest trail and make a refreshing stop along the banks of the Jacques-Cartier River.	14.8 km round trip	5 h	■	Km 10 or Km 18
		<b>Les Coulées</b> – Follow the valley of the Belleau Brook to a viewpoint from where you can discover the splendours of the Laurentian Mountains landscape. Featuring a 210-metre elevation.	10.4 km loop	3 ½ h	■	Km 10
		<b>L'Escarpe</b> – Hike Les Coulées along a 2.6-km trail, then through lush undergrowth up a steady rise to reach an exceptional vantage point of the valley from a 350-metre elevation.	11.2 km loop	4 h	◆	Km 10
		<b>La Rivière-Sautauriski</b> – Let the Sautauriski River work its charm, at times still, other times tumultuous and at times stony, other times sandy. This habitat is perfect for Atlantic salmon.	Hiking: 4.8 km round trip	1 ½ h	●	Km 12.5
			Biking: 10 km round trip	1 h		Km 10
		<b>Le Confluent</b> – Explore a delta teeming with life and discover the rich diversity of terrestrial, wetland and aquatic habitats.	1.2 km round trip	25 min	●	Km 12.5
		<b>Les Loups</b> – Breathtaking! See the most striking fractures of the Laurentian massif and the spectacular Jacques-Cartier and Sautauriski valleys. Featuring a 447-metre elevation.	1st Observation Deck 5 km round trip	2 h	◆	Km 16
			2nd Observation Deck 11 km round trip	3 ½ h		
		<b>Le Perdreau</b> – Starting with a steep climb, set off to discover the mysterious Buvard Lake and hike through splendid maple groves.	5.4 km loop	1 ¾ h	■	Km 18
		<b>Le Draveur Nord</b> - Take in the full beauty of the Jacques-Cartier River and combine magnificent viewpoints of the valley and striking rock faces. Perhaps you will encounter a moose!	24.8 km round trip	8 ½ h	■	Km 18 or Km 30
		<b>Le Scotora</b> – Climb the Scotora trail to reach the Park's western plateau. Follow a long stream where beaver colonies once thrived and make your way to the top of Mont Andante to take in a spectacular view of the valley gorges. Featuring a 405-metre elevation.	16 km round trip	5 ¼ h	◆	Km 30
		<b>La Croisée</b> – Take in the magnificent view of the peaceful landscape afforded by the Jacques-Cartier River and the high steep walls of the valley.	15.8 km round trip	4 ½ h	■	Km 33
*Durations and levels of difficulty indicated are for information purposes only and apply to the summer season.			●	■	◆	Beginner Intermediate Advanced



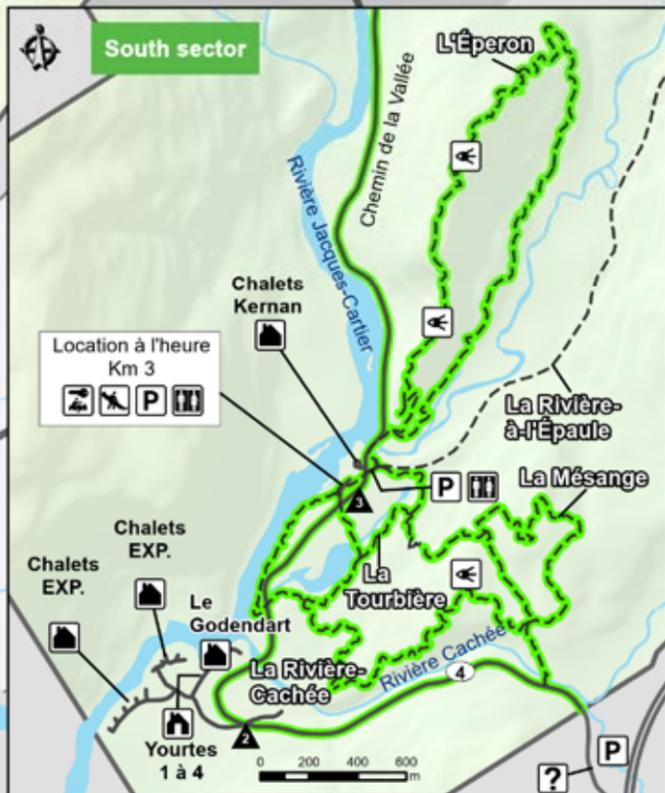
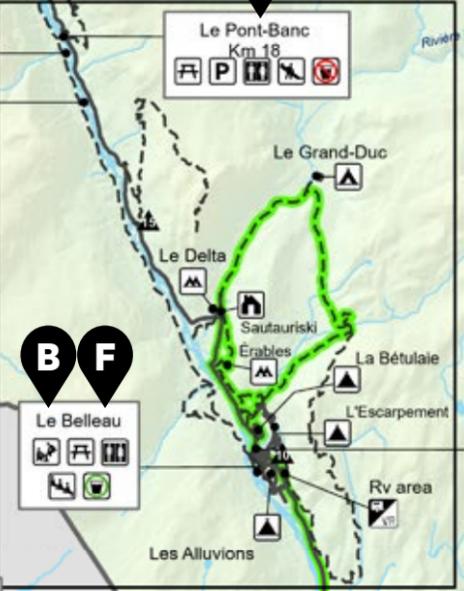
L'information fournie sur cette carte peut changer sans préavis. En cas de disparité, l'information sur le terrain doit prévaloir en tout temps.

Cette carte intègre de l'information géographique de source gouvernementale. Pour des besoins de représentation, certaines données ont subi des transformations et des adaptations qui ont pu modifier la donnée originale.

Données originales utilisées  
Banque de données Sépaq  
Cartes topographiques à l'échelle de 1/20 000  
Source des données utilisées  
Ministère des Ressources naturelles et des Forêts  
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Années  
2025  
1996

	Registration centre / Information		Canoe launch
	Playground		Picnic
	Amphitheatre		Lookout
	Shop		Parking lot
	Semi-serviced camping		Telephone
	Group camping		Washroom
	Rustic camping		First aid kit
	Canoe-camping		Road network
	Cabin		Trail
	Convenience store		Fishing trail access
	Drinking water		Dogs allowed sector (May 1 <sup>st</sup> to November 30 <sup>th</sup> )
	Not drinking water		Kilometer reference point
	RV area		National park boundary
	Rustic accommodation		Réserve faunique des Laurentides
	Nautical rental		



# TIME FOR DISCOVERY

## The Mysteries of the Night

If you are fascinated by the night, experience evening hiking and learn how living creatures adapt amazingly to darkness. Who prowls at night? Who sleeps? Who hunts, where and how? By the light of a lantern, let the stillness of a sleeping forest envelop you...

Reservation required:  
**1-800-665-6527**

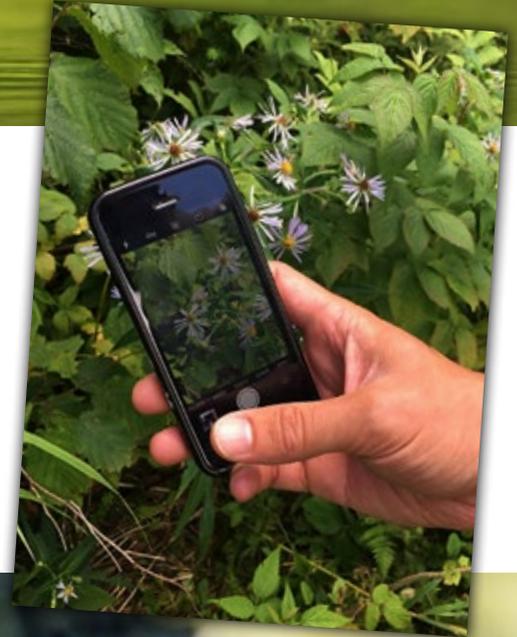
**Age: 10 and over**



## Mission Recherche

### Ready for a *Mission Recherche*?

A naturaliste park warden invites you to take up challenges on citizen science. Use your passion for nature and discover tools that could be useful for your next adventures in the forest. A cell phone or digital camera is required for this activity.



## Small Critters, Wide Diversity

Armed with a net, a naturalist park warden set out to explore a pond teeming with life and collect some samples. Come and help the warden inventory the amazing creatures that he has found!

This activity also provides a great opportunity to look for insects in the river on your own. Bring along your waterproof footwear, a spoon and a small container. The naturalist park warden will help you to identify your finds.



## The Return of Jack Carter

Breaking: a camper is in trouble in the park! Learn how to find your way in the woods using a GPS and set out in search of clues that will allow agent Jack Carter to complete his investigation. Teamwork fosters mutual aid and cooperation.

## DISCOVERY ACTIVITIES

**Consult the program to enrich your visit.** (in French only)

You will find entertaining activities to explore the park from every angle.



# A RIVER TO EXPLORE

**GUIDED DOWNRIVER RUNS ARE AVAILABLE.  
GET INFORMATION!**

## Self-Guided Downriver Runs | **Reservation mandatory** (at least 24 hr in advance) **1-800-665-6527**

### NAUTICAL RENTAL CENTER - KM 10 (Watercraft and shuttle included)

**IMPORTANT!** Departures with shuttles: You must show up at the Watercraft Rental Centre **45 MINUTES PRIOR TO DEPARTURE.**

DOWNRIVER RUNS	DEPARTURES WITH SHUTTLES	LENGTH AND DURATION	LEVEL OF DIFFICULTY	DESCRIPTION	WATERCRAFT	RATE* Watercraft and shuttle
<b>Jetée</b>	8:45 a.m.	19 km 4 to 5 h	Challenging Run	A combined run of 19 km featuring a 7.5-km spectacular section followed by a series of 10 Class I to III rapids (children over 12)	Canoe	\$106
					Inflatable Canoe	\$93.50
					Solo Kayak	\$75.75
					Tandem Kayak	\$114.75
<b>Ekwaterk</b>	9:30 a.m.	15 km 3 to 4 h	Challenging Run	A combined 15-km run: Featuring a smooth, scenic section followed by a series of 8 class I to III rapids (children over 12)	Canoe	\$97.50
					Inflatable Canoe	\$85
					Solo Kayak	\$71.50
					Tandem Kayak	\$106.25
<b>Pont-Banc</b>	11:15 a.m. and 1:30 p.m.	8 km 1½ to 2 h	Challenging Run	White water run of 8 km featuring 4 Class I to III rapids  Children over 12 (canoe and kayak) Children over 5 (mini-raft)	Canoe	\$68.25
					Inflatable Canoe	\$59.75
					Solo Kayak	\$50.75
					Tandem Kayak	\$74.25
					5-Place Miniraft	\$122.25
					7-Place Miniraft	\$175
<b>Maubèche</b> <i>Air Tubes</i>	2:15 p.m. and 3:00 p.m.	5 km 1 to 1¼ h	Sightseeing Run	Downriver run for air tubes only  A calm run featuring smooth current to simply drift along the river (children over 5)	Air Tube	\$21.50

\*Schedule may vary. Please confirm at the Discovery and Visitors Centre. Park entry fees and taxes are extra.



## Calm Water Ride | **No reservation**

### HOURLY RENTAL CENTER - KM 3

<b>Canoe</b>	\$19.50
<b>Inflatable Canoe</b>	\$15
<b>Sand Up Paddling</b>	\$19
<b>Solo Kayak</b>	\$17.75
<b>Tandem Kayak</b>	\$22.25



## IN THE WILD, YOUR SAFETY IS YOUR RESPONSIBILITY

### Outdoor activities can involve certain risks.

Always be sure to have the skills and abilities required for the activity you choose. It is very important to find out about the risks involved in the activity, to know and respect your own limits and to use appropriate equipment. Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities.

**For more information, visit our website at [sepaq.com/security](http://sepaq.com/security)**



**Dogs are not allowed in personal and rental watercraft**

## Family Experience Yippee, it's absolutely free!

For kids 17 years of age and under, access, accommodations, and certain equipment loans are free of charge.

The offer varies from one establishment to another.



# CONSERVE FOR TOMORROW



Measuring of a parr and a brook trout

## Ongoing research projects

Every year, we welcome researchers who take advantage of this protected area to conduct their studies. A recent research project in collaboration with INRS will allow us to determine whether fallfish compete with brook trout for habitat and food. And a researcher from the same institute is refining a technological tool for locating salmon spawning grounds. Lastly, we are awaiting the results of a study that will help explain wildlife behaviours in relation to human activities.



## Keep your snack to yourself

Animals find food in nature that is adapted to their needs. Our food is not suitable for them, and when we feed them, they become dependent and vulnerable. The lure of food makes them bolder around humans. Imagine! A small snack here, another one there, multiplied by hundreds of thousands of visitors each year!

**So if a wild animal seems friendly and attracted to your food, do it a favour: scare it away!**



## One river, many users

The Jacques-Cartier River is at the heart of the park. It welcomes many visitors who practise different activities. Together, we can protect it and ensure its sustainability through small gestures that make a big difference. Use existing water access points. To prevent the introduction of invasive aquatic species, clean your personal watercraft before and after your outing. Out on the water, pull up on the shores and not on the islands covered in vegetation. Finally, adopt the Leave No Trace principles and pack out all of your waste.

# 5 ground rules to follow in nature



## Our national parks

get millions of visits each year. Harmful behaviors can cause permanent damage to the environment and hinder other visitors' experience. Let's do our part to protect nature so we can all enjoy it for years to come.



### Stay on trails and in designated visitor areas

Don't step off the trails or walk in the undergrowth to avoid trampling plants and compacting the soil.



### Do not gather dead wood

Help preserve the undergrowth by leaving dead wood in place. It serves as shelter for wildlife and enriches the soil after decomposing.



### Do not feed wildlife

Allow animals to feed themselves so they can follow their natural instincts. Keep all foods out of their reach.



### Keep your distance when observing animals

Repeated disturbances can alter their behavior and affect their ability to find food, mate, and communicate with each other.



### Be mindful of the peace and quiet and adhere to curfews

Noise frightens wildlife, and people visit national parks to enjoy nature. Please follow curfews and refrain from making noise at all times.