This majestic coastline shaped by the sea is both a sanctuary for wildlife and a serene, relaxing refuge for visitors.

The parc national du Bic covers an area of 33.2 km², close to half of which is in the marine environment of the St. Lawrence estuary.

Its rocky outcrops, bays, coves, islands and mountains come together in a distinctive, dramatic blend of landscapes. As the tides ebb and flow, you’ll make wonderful memories inspired by the beauty of the changing scenery and by the many activities filled with wonder and discoveries.

In an ambience that is simply incomparable, each season brings its own charms to the park, which is open year round.

Find out more at sepaq.com/bic

THE HARBOR SEAL, EMBLEM OF THE PARK
The park offers favourable habitat for the harbor seal, which uses the sheltered coastline for two important stages in its life cycle here: breeding and moulting. It is one of the few places along the St. Lawrence River where you can watch seals so closely from shore, as they like to rest on the rocks in the park’s coves and bays.

Québec’s national parks offer a one-of-a-kind experience. Explore this exceptional world of nature with the Annual Québec National Parks Card, featuring:

▷ Unlimited access to ALL national parks for 12 full months
▷ Many exclusive benefits, including a free night of camping

Details at sepaq.com/parkscard
EXCEPTIONAL SUNSETS
The estuary as you’ve never seen it before! Whether from the top of Pic Champlain, the shelter of Baie du Ha! Ha! or the rocky shores of Havre du Bic, you can admire one-of-a-kind sunsets of renowned beauty.

PIC CHAMPLAIN
Reaching an elevation of 346 metres, Pic Champlain is the highest peak of the Murailles massif. From the lookout at the top, the views over the estuary and park are amazing. You can hike up or get a lift on the shuttle.

BIKE GETAWAY
Leave your car behind and head out to freely explore the park by bike. Enjoy cycling through the diverse landscapes of forests, hills and coastline. Choose from trails suitable for all ages. Bikes can be rented at the park’s Baudry rental centre.

SEA KAYAK OUTINGS
With its islands and lacework of coves and bays, the park is one of the most beautiful destinations for kayakers. Whether or not you have kayaking experience, professional guides will accompany you on your outing to show you the park from a different vantage point.

HERITAGE AT THE HEART OF HISTORY
As you walk along the Chemin-du-Nord trail, you’ll discover lovely restored buildings that bear witness to how people have settled and used this area. The Lyman cottage has been converted into a tearoom and is sure to charm.

DISCOVER THE PARK IN WINTER
The winter season in the park has a wide range of activities. Head out on foot, snowshoes, skis or fat bikes to explore the trails. All the trails will lead you to spectacular views of the St. Lawrence and its islands.
SUPERVISED ACCESS FOR DOGS

**MAIN RULES***

- Dogs must remain in the places where they are authorized at all times.
- Dogs must be kept on a leash no more than three (3) metres in length and under surveillance at all times.
- The person in charge of the dog must pick up the animal’s excrement without delay.
- Barking or howling dogs as well as dogs affecting the tranquility and safety of other visitors are not allowed.

*Individuals who fail to comply with any of the rules stated above may be required to leave the area and/or issued a statement of offence, where appropriate.

Compliance with the regulations is essential, and the offer could be reviewed if non-compliance is noted.

**AUTHORIZED PLACES**

<table>
<thead>
<tr>
<th><strong>Summer trail</strong></th>
<th>Le Pic-Champlain</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Camping</strong></td>
<td>Rivière-du-Sud-Ouest campground: campsites 1 to 41 and 59 to 66</td>
</tr>
<tr>
<td><strong>Picnic area</strong></td>
<td>Îlet-au-Flacon picnic area</td>
</tr>
<tr>
<td><strong>Nautical access point</strong></td>
<td>Îlet-au-Flacon and Havre-du-Bic boat launches</td>
</tr>
<tr>
<td><strong>Winter trail</strong></td>
<td>No authorized access</td>
</tr>
</tbody>
</table>

As of May 17, 2019, dogs will be allowed at Parc national du Bic, in certain designated areas.

All details at sepaq.com/animals

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*All distances are in Km.*
Sépaq has the privilege of developing territories of incredible richness. Among them, 24 national parks stand out as unique. These are protected areas that belong to all Quebecers and that provide lasting memories for visitors who proudly make such exceptional destinations their own.

Discover all our destinations at sepaq.com

QUÉBEC NATIONAL PARKS DAY
September 7, 2019
FREE ADMISSION

SÉPAQ WINTER DAY
JANUARY 25, 2020
FREE ADMISSION

Come and see us at our shop
A number of exclusive products to discover!
Take a little bit of nature home with you when you visit our gift shop. All profits from the sale of our products are reinvested in Québec's national parks. A great way to contribute to the protection of our natural heritage!
FAMILY ACTIVITIES

L’odyssée d’Elliot - French only
Follow Elliot, a curious young boy from Le Bic, on his fascinating odyssey to explore the estuary. In his father’s time-travelling DeLorean, you’ll go back in time to meet explorers, river pilots and fishermen who will share their tales of the St. Lawrence. Then dive into the water to discover the unexpectedly vast variety of marine life.

Arché-O-Joute - French only
You are invited to explore the fascinating world of archeology. Everyone will have fun playing this educational game, taking on the role of real archeologists to search for artefacts that tell the story of the first peoples who lived in the region of Le Bic.

Le littoral sous la loupe - French only
The whole family is invited to the beach in the Wilson cove to explore the shoreline and the intriguing organisms that can spend half their lives under water and half exposed to the open air. A park warden-naturalist will meet you there so you can become a novice researcher of the sea! With the naturalist’s help, you will make amazing discoveries. Who are these fascinating creatures? How do they live?

WILDLIFE WATCHING

Feathers and down
Equipped with spotting scopes and binoculars, a park warden-naturalist is waiting to introduce you to the common eiders and other species of seabirds that visit the park early each summer.

Meet the seals
Come join a park warden-naturalist to view the seals up close using spotting scopes and binoculars. Learn to recognize harbour seals and grey seals as you observe the natural behaviour of the park’s star species.

DISCOVERY EVENINGS - French only
Come to the Discovery and Visitors Centre Ferme Rioux for exciting and varied presentations given by members of our team and by special guests.

Check the weekly schedule for the time and place.
**SHUTTLE TO PIC CHAMPLAIN**

The minibus shuttle service takes visitors up to the lookout on Pic Champlain. At 346 metres high, this peak offers some of the most beautiful vistas in the Bas-Saint-Laurent.

**SCHEDULE** : Check the weekly schedule.

**DEPARTURE POINT** : Pic Champlain parking area.

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<table>
<thead>
<tr>
<th></th>
<th>ADULTS</th>
<th>CHILDREN*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shuttle – Round trip</td>
<td>$9.25**</td>
<td>Free</td>
</tr>
<tr>
<td>Shuttle – One way</td>
<td>$5.50**</td>
<td>Free</td>
</tr>
</tbody>
</table>

**DISCOVERY TOUR BY MINIBUS** - French only

Come join our park warden and naturalist and discover the most beautiful areas of the park, including Pic Champlain. Enjoy the scenery as you explore the Park’s treasures and key attractions.

**DURATION** : 2 h

**SCHEDULE** : Check the weekly schedule. Upon reservation.

**DEPARTURE POINT** : Parking area at the Rivière-du-Sud-Ouest Visitors Centre

**Adults** : $19.75 | **Children** : Free

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**NEW**

**Les petites histoires de Joseph Mignot** - French only

The new Province of Quebec has just been founded. The St. Lawrence River has many dangers, and the British need to recruit pilots as quickly as possible.

Come hear Joseph Mignot, a settler with an in-depth knowledge of the river, tell his life story in his dwelling at Seigneurie du Bic.

**“À la tombée du jour” night hike** - French only

Nature has a change in tempo and comes to life once again at nightfall.

Follow a guided hike along the Chemin-du-Nord trail and enjoy the sunset. Take a walk under the stars and explore the park’s fascinating and mysterious night life.

Don’t forget to bring a flashlight.

* For children 17 and under, with their family. Does not apply to groups.
SEA KAYAK EXCURSIONS

Paddle in the majestic harbour, Havre du Bic, and you might be surprised by a visit from a curious young seal! Aventures Archipel offers guided one-day or half-day outings that include all the equipment needed to ensure your comfort and safety.

<table>
<thead>
<tr>
<th>SCHEDULE: June 1 to October 14 (times vary depending on the tides)</th>
<th>HARBOUR OR SUNSET EXCURSION</th>
<th>A DAY ON THE ST. LAWRENCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>DEPARTURE POINT: Havre du Bic</td>
<td>ADULT: $62.06 (16 and over) CHILDREN: $48.00 (6 to 15)</td>
<td>ADULT: $132.64 Recommended age: 16 and up</td>
</tr>
</tbody>
</table>

BICYCLE RENTALS

At the Baudry rental centre in the Rivière-du-Sud-Ouest sector, you’ll find a wide choice of bicycles for everyone in your family. Renting bikes means you can leave your car behind as soon as you enter the park and then take your time exploring the 15 km of bike trails through the forests and along the coast.

<table>
<thead>
<tr>
<th>ADULT</th>
<th>CHILDREN*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 hr $14.75</td>
<td>Free</td>
</tr>
<tr>
<td>4 hr $29.50</td>
<td>Free</td>
</tr>
<tr>
<td>Day $42.50</td>
<td>Free</td>
</tr>
</tbody>
</table>

* For children 17 and under, with their family. Does not apply to groups.

LA ROSE DES THÉS Tearoom

As you hike the Chemin-du-Nord trail, stop in to enjoy a cup of tea in this Colonial Revival cottage built by Walter Lyman in the early 1920s. The enchanting setting, peaceful ambience and gorgeous landscape of Cap-à-l’Orignal are sure to charm.

OPEN: 10:30 am to 5:00 pm. Every day from June 22 to September 2 (may change depending on the weather).

Mini-Concerts des îles

Every Sunday afternoon from June 30 to July 28 at 2 pm, duets of up-and-coming students from the Conservatoire de musique de Rimouski will present short concerts in partnership with Concerts aux îles du Bic.
A yurt is a beautiful spot to cast aside everyday stress and take pleasure in the outdoors, in winter and summer alike!

Stay with us and make the most of the park. This way, you’ll have a great base to explore the territory at your leisure, as well as a front row seat to watch wildlife in its natural habitat.

Visitors have a choice of the following types of accommodation:

- 241 serviced campsites (rustic, with or without service)
- 38 traditional (4 people) and Étoile (6 people) ready-to-camps
- 5 EXP cabins (2 people)
- 4 Écho cabins (4 people)
- 1 chalet de l’Abbé (4 people)
- 11 yurts (4 people)

Our top picks at Parc National du Bic:

- Chemin-du-Nord has many coves and sandy shores to fascinate the young and young-at-heart and is perfect for a stroller-friendly hike.
- Do not miss our discovery activities for the whole family.
- Our bike trails will delight everyone.
- We offer free bike rentals for kids cycling with their families.

Free! For your children 17 years of age and under

In all seasons, your children can come with you absolutely without charge.

Access to national parks

Outdoor equipment loan*

A vast array of adapted activities for the whole family

Accessories* on loan for young children

*Certain conditions apply.

Beginning of bookings 2020 season

Cabin and yurt
April 23, 2019 (summer) and Septembre 17, 2019 (fall/winter)

Camping and ready-to-camp
May 11, 2019

1 800 665-6527 | sepaq.com
To learn more about seals while having fun, we invite you to participate in our new evening event, “Complètement loup-phoque” (French only).

**THE SEALS : WHAT YOU NEED TO KNOW**

During your stay in the park, you’ll have the chance to admire the harbour seal, the emblem of the Parc national du Bic and a permanent resident of the estuary. Watching the seals is undoubtedly one of the park’s major attractions. During the summer and even into September, the park and the surrounding reefs are home to a population of about 200 harbour seals and some 50 grey seals that love to lounge on the rocks in the park’s sheltered coves and bays.

**WHERE CAN I WATCH THE SEALS?**

The seals choose where they want to rest depending on the height of the tide, as the water needs to be high enough for the seals to get on the rocks.

**From half tide to high tide:**

**Pointe aux Épinettes.**

**At low tide:**

**Cap Caribou.**

**TO OBSERVE THE SEALS**

It is critical that all visitors respect the signs indicating the limit of the seal observation area. When you get too close, the seals feel threatened, leave the resting area and move further out. This can interfere with their ability to nurse their pups and complete their seasonal moults, disrupting important life cycle stages. By staying on the beach, you allow the seals to rest and fully complete their life cycle without being disturbed. Keeping your distance also helps ensure that other visitors – present and future – can enjoy the privilege of observing these animals.

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**SEAL MONITORING PROGRAM**

We have been monitoring the harbour (or common) seal population since 1998, working with the marine mammal observation network, ROMM. The data we collect help advance our knowledge about this species which, contrary to what its name might suggest, is not so common at all.
CONSERVATION IS EVERYONE’S BUSINESS

The Parc national du Bic has been dealing with a delicate issue: some of the wildlife here have been developing unusual behaviour toward humans. To solve this problem, the park’s team needs all visitors to help by letting the wild animals – deer, foxes and other species – remain free and self-sufficient.

In order for the park’s wildlife to survive and live independently in nature, they need to develop their skills, keep their senses sharp and stay in good physical condition.

It is very important that visitors do not try to approach wild animals. Keep your distance, giving them a wide berth. If an animal gets nervous, that means you are too close. If you see someone approach an animal, please help our efforts by informing them of these guidelines.

WHY NOT FEED THE ANIMALS?

• Wild animals find food suited to their needs in the natural environment.
• Animals attracted by food can lose their wariness of humans, leading to potential trouble and even danger.
• Feeding animals makes them dependent on humans and more vulnerable to predators.
• The food people provide may not be appropriate for the animals’ digestive system or nutritional needs, causing health problems or even death.
• Every time we disrupt their natural activities, we change their behaviour, sometimes putting their lives at risk.
• Feeding the animals is a prosecutable offense under park regulations.
IN THE WILD, YOUR SAFETY IS YOUR RESPONSIBILITY

Sépaq’s mission is to ensure the widest possible access to Québec’s most beautiful natural treasures. Sépaq is committed to the safety of its visitors and urges you to play it safe!

Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities. **YOU ARE RESPONSIBLE FOR YOUR OWN SAFETY** and risk management is an integral part of your experience.

Before leaving for an excursion, **MAKE SURE YOU HAVE THE SKILLS AND ABILITIES REQUIRED** to practice your chosen activity **AND RESPECT YOUR PHYSICAL LIMITS**.

Your outing should leave you with nothing but pleasant memories. We invite you to consult our safety guides for Sépaq activities, available at [sepaq.com/security](http://sepaq.com/security). You will also find a list of organizations that can help you plan your activities safely.

### CHECKLIST

**BEFORE YOU LEAVE HOME**
- Plan on going with at least one other person.
- Check the weather report.
- Pack water and food, even if the activity is only for a few hours.
- See that you have appropriate clothing and footwear for anticipated weather conditions.
- Let somebody know the exact location of your destination and the time you plan to return home.

**ONCE YOU ARE ON SITE**
- Do not rely on your cellphone.
- Check how much time it will take to complete your activity.
- Obey signs and notices, including bans on open fires.

**WHEN YOU GET BACK**
- Once you have completed your activity, make sure that you report to our staff anything wrong or any damage or problems you encountered.

### IN CASE OF EMERGENCY: 911

**SÛRETÉ DU QUÉBEC:** 310-4141 (general number) / 4141 (for cellphones) *Where cellphone networks are available. The costs and expenses incurred in conducting search and rescue operations are the responsibility of the beneficiary. You can obtain protection against these risks from an insurer.*

**Parc national du Bic**
3382, route 132 Ouest, C.P. 2066
Rimouski (Québec) G0L 1B0
Information : 418 736-5035
Reservation : 1 800 665-6527
Mail : parc.bic@sepaq.com
[sepaq.com/bic](http://sepaq.com/bic)

**Reminders**

- **$** During your visit to a national park, you must always carry your entry fee receipt or your annual entry card.

- **🚫** Remember that animals are in their natural habitat and that you are a visitor. To ensure both your safety and theirs, feeding them is prohibited; otherwise they may lose their natural fear of human beings and become aggressive.

- **🚫** To preserve our natural riches, you are not allowed to remove any natural elements (animals, plants, dead wood, rocks, etc.). Please also keep to established hiking trails to avoid trampling flora.

**Photos:** Parc national des Grands-Jardins, Steve Deschênes ; Dominic Boudreault, Mathieu Dupuis, Agathe Girard-Tremblay, Jean-Pierre Huard, Steve Deschênes, Lise Génois, Caroline Langnes, Paul Ginet – Dreamstime

Legal Deposit: 2019
Bibliothèque et Archives nationales du Québec
Photos: Parc national des Grands-Jardins, Steve Deschênes ; Dominic Boudreault, Mathieu Dupuis, Agathe Girard-Tremblay, Jean-Pierre Huard, Steve Deschênes, Lise Génois, Caroline Langnes, Paul Ginet – Dreamstime
AN AMAZING NATURAL ENVIRONMENT TO DISCOVER THROUGHOUT THE YEAR

The entry fee is your contribution to the development and conservation of our parks.

QUÉBEC NATIONAL PARKS FEES 2019

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily Access – Adult (18 years and over)</td>
<td>$8.75</td>
</tr>
<tr>
<td>Annual Park Card</td>
<td>$43.75</td>
</tr>
<tr>
<td>Annual Park Card</td>
<td>$79.00</td>
</tr>
</tbody>
</table>

Valid till December 31st, 2019. Taxes included.

SNOWSHOEING, CROSS-COUNTRY SKIING, MINI-SLIDE, FAT BIKING, TORCHLIT HIKING AND MORE.

Reserve your accommodations now. Equipment can be rented at the park.
Discover the sea with your taste buds!

An adventure for the whole family at the fossil site of the Parc National de Miguasha

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Tasting - Bee observation
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8h00 à 22h00
7 jours / 7
Open 7 days

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Poissonnerie : 418 736-4518
Bureau : 418 736-8492