VISITOR'S GUIDE 2017

LIVE THE EXPERIENCE

The Saguenay–St. Lawrence Marine Park is one of the best places in the world for whale watching. Observe whales at sea or from vantage points along the shore. Renowned for the beauty of its scenery, the park protects an exceptional marine area, from surface to seafloor.

#marineparkmoment #SSLMarinePark
THE ESSENTIALS

WHALE WATCHING BY BOAT

What fun it is to hear a whale blow or to catch a glimpse of one of these incredible animals at the surface! Take in the fascinating spectacle of marine animals from aboard a boat. Get ready for a journey to the kingdom of whales, seals and seabirds. Select the type of excursion that suits you best. See pages 3 to 5.

WHALE WATCHING FROM SHORE

Keep your eyes peeled and your ears open while out walking, biking or driving along the Marine Park’s shorelines! You might well glimpse or hear beluga, minke or fin whales, or possibly harbour porpoises, as they swim along the coast. There are surprises in store for you from Baie-Sainte-Catherine to Les Escoumins, with Sacré-Cœur in between. 

See the Discovery Network section (pages 8 to 13).

DISCOVERY ACTIVITIES

To satisfy your thirst for knowledge, partake in any one of several activities on offer: Enthusiastic guide-interpreters and fascinating exhibits will give you valuable insights into the many facets of the Marine Park. These helpful resources tell the full story of marine life, from starfish to sharks, as well as the history of local lighthouses and Indigenous populations. See the Discovery Network (pages 8 to 14).

KAYAKING

Whether you paddle with a professional guide or head out on your own, sea-kayaking is a great way to appreciate the vast beauty of the Marine Park. Carefully prepared kayak outings provide all of the pleasures of the great outdoors in complete safety. For an excursion lasting several days take advantage of campsites located along the edges of the park. See pages 3 and 6.

SPECTACULAR VISTAS

Discover the numerous vantage points that border the Saguenay Fjord and St. Lawrence Estuary on foot, by car or by bicycle. Once you begin to admire the sights along the shore, listen to the crash of waves on the beach and breathe in the salt air; it won’t be long before you’ve left the daily grind behind. The Discovery Network guarantees a real change of scenery all along the perimeter of the Marine Park (pages 8 to 14).

MARINE PARK MANDATE

To preserve marine life in a portion of the Saguenay Fjord and St. Lawrence Estuary, while encouraging its use for educational, recreational and scientific purposes, for the benefit of present and future generations. The governments of Canada and Quebec regulate activities in the Marine Park with a view to ensuring the sustainable use of this area and its resources. Regional stakeholders contribute to achieving Marine Park objectives.

YOUR SAFETY: YOUR RESPONSIBILITY

Outdoor activities can involve certain risks. Make sure that you have the skills and abilities required for the activity you choose. It is important that you be aware of the risks inherent in each activity, respect your limits and use appropriate equipment.
EXPERIENCE THE SEA!

Whether you are seeking adventure or a quiet tour on the water, you will be delighted. Take the full measure of wide open spaces, each excursion is unique!

WHAT IS THE BEST TIME TO SEE WHALES?
Whether you are seeking adventure or a quiet tour on the water, you will be delighted. Take the full measure of wide open spaces, each excursion is unique!

WHAT BOAT TO CHOOSE?
The rules governing approaches are the same for whatever type of boat you choose. Your captain will stay within regulated speeds and respect the approach distances to be maintained in the vicinity of whales. While sea-kayaking, your guide will make sure you maintain appropriate distances and navigate in complete safety.

WHAT TO BRING?
Even in summer, it is colder on the water than on land. Warm, comfortable clothing is highly recommended.

A GUIDED AND SUPERVISED EXCURSION
All businesses presented in this guide hold Saguenay–St. Lawrence Marine Park marine tour permits. Captains and sea-kayak guides working for these businesses must successfully complete relevant regulations training offered by Parks Canada.

Marine Activities in the Saguenay–St. Lawrence Marine Park Regulations

Developed in partnership with marine tour companies, the Regulations provide a framework for activities carried out in the Marine Park. The Regulations indicate the maximum navigational speed permitted throughout the park, as well as distances and speeds to be respected when marine mammals are present.

Regulations were modified on January 1, 2017 to better protect marine mammals. Consult marinepark.qc.ca/protect, or contact us for further information.

Here is an overview of the new measures:
- Stopping within ½ nautical mile of beluga and blue whales is prohibited.
- The maximum speed permitted at the mouth of the Saguenay is 15 knots.
- The use of personal watercraft (jet skis), hovercraft and traction water sports are prohibited within the boundaries of the park.
- Do not disturb marine mammals, for example, by feeding, touching or attempting to swim with them.

Did you know...?
To learn more about whales, visit marinepark.qc.ca/get-to-know/

Four migratory great whale species can be seen in the Marine Park in the summer: they are the minke whale, the fin whale, the humpback whale and the blue whale.

The beluga whale and harbour seal are the only marine mammals that live year round in the St. Lawrence Estuary. Can you tell which is which?

ALL WATERCRAFT IN THE MARINE PARK MUST COMPLY WITH THESE REGULATIONS.

OBSERVATION ZONE
½ nautical mile = 926 metres

SPEED
3 knots = 5.56 km/h = 3.45 mph
10 knots = 18.52 km/h = 11.50 mph
15 knots = 27.78 km/h = 17.26 mph
25 knots = 46.30 km/h = 28.77 mph

In the event of any disparity, the text of the Regulations shall take precedence over the information presented in this guide.

* Under certain conditions, marine tour permit-holders (i.e., whale-watching vessels) are permitted to approach to a distance of 100 m from whales, other than beluga and blue whales.
**Croisières Neptune**

<table>
<thead>
<tr>
<th>Phone</th>
<th>Website</th>
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<tbody>
<tr>
<td>1 877 7NEPTUNE</td>
<td>croisieresneptune.net</td>
</tr>
</tbody>
</table>

Discover marine mammals in the company of our experienced captains and bilingual naturalists aboard our glass-topped boat. We welcome people of all ages. A family-owned business for 27 years.

Departures from Les Escoumins

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**La Société Duvetnor**

<table>
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<tr>
<th>Phone</th>
<th>Website</th>
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<tbody>
<tr>
<td>1 877 867-1660</td>
<td>duvetnor.com</td>
</tr>
</tbody>
</table>

Guided, informative observation and discovery excursions on the St. Lawrence. Remarkable biological diversity, seal haul outs, cliffs teeming with seabirds, beluga whales and visits to historic sites.

Departures from Rivière-du-Loup

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**Marine Environment Discovery Centre**

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<tr>
<th>Phone</th>
<th>Website</th>
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<tr>
<td>418 233-4025 / 418 233-4414</td>
<td>parcscanada.gc.ca/saguenay</td>
</tr>
</tbody>
</table>

Take the Nordic Snorkelling challenge, a near-shore swim tour with dive suit, flippers, mask and snorkel provided. Services are also available for SCUBA divers: rentals, dive tank filling, guided dives, developed access, change rooms and showers.

Marine Environment Discovery Centre
41, rue des Pilotes, Les Escoumins

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**Accès plongée Saguenay**

<table>
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<tr>
<th>Phone</th>
<th>Website</th>
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<tbody>
<tr>
<td>1 800 PLONGÉE (756-6433)</td>
<td>accesplongeesaguenay.com</td>
</tr>
</tbody>
</table>

Accès Plongée Saguenay offers guide services from aboard a boat. Discover the subaquatic treasures of the St. Lawrence in complete safety with our qualified personnel. Advanced divers can experience a night dive in the middle of the day in the Saguenay Fjord.

Departures from Les Escoumins and the La Baie marina

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**Les Navettes maritimes du Fjord**

<table>
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<tr>
<th>Phone</th>
<th>Website</th>
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<tbody>
<tr>
<td>418 543-7630 / 1 800 363-7248</td>
<td>croisieresdufjord.com</td>
</tr>
</tbody>
</table>

Transform your trips into unforgettable excursions aboard one of our vessels that travel the Saguenay Fjord from June through October. Use our water shuttles to discover villages and attractions, such as the Notre-Dame-du-Saguenay statue and the impressive capes Trinité and Éternité!

Departures from La Baie, Sainte-Rose-du-Nord, Rivière-Éternité, L’Anse-Saint-Jean and Tadoussac

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**Croisières AML**

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<tr>
<th>Phone</th>
<th>Website</th>
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<tr>
<td>1 800 563-4643</td>
<td>croisieresaml.com</td>
</tr>
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</table>

Lose yourself in a different way with Croisières AML! Live an exceptional experience aboard the best observation boats in Canada accompanied by certified bilingual guide-naturalists that share their passion for marine mammals!

Departures from Tadoussac, Baie-Sainte-Catherine, Rivière-du-Loup
**ECO-WHALE ALLIANCE**

The Eco-Whale Alliance consists of four marine tour businesses, the Group for Research and Education on Marine Mammals (GREMM) and the managers of the Saguenay–St. Lawrence Marine Park: Parks Canada and Parcs Québec. In collaboration with captains and naturalists, Alliance members work to develop best practices for responsible whale watching. Encourage them by choosing a Proud Member of the Eco-Whale Alliance for your next outing!

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**Croisières AML**

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<tr>
<th>1 800 563-4643</th>
<th>croisieresaml.com</th>
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</table>

For an outstanding nature experience aboard one of our inflatable 24 and 48 passengers boats. In the company of certified bilingual naturalist guides, enter the whales’ compelling environment. Ideal for thrill seekers!

Departures from Tadoussac and Baie-Sainte-Catherine

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**Croisières Escoumins**

<table>
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<tr>
<th>1 866 baleine / 418 233-4061</th>
<th>croisierebaleine.ca</th>
</tr>
</thead>
</table>

Set out on an adventure to the whale paradise aboard a new generation of safer and more ecological zodiac-type craft. Experienced captains, theme cruises, whales guaranteed or your money back.

Departures from the private wharf in Les Escoumins

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**Croisières Essipit**

<table>
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<tr>
<th>1 888 868-6666 / 418 232-6778</th>
<th>vacancesessipit.com</th>
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</thead>
</table>

Personalized whale-watching cruises aboard 12 and 36-passenger inflatable boats. Our experienced guides will share their knowledge of the marine environment. Simply unforgettable: respect and protect whales. Kuei! Welcome!

Departures from Les Bergeronnes

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**Croisières Neptune**

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<tr>
<th>1 877 7NEPTUNE</th>
<th>croisieresneptune.net</th>
</tr>
</thead>
</table>

Come aboard our latest generation zodiac-type boats to discover marine mammals. Safety and comfort are guaranteed with experienced captains. Complete high-quality equipment is provided. A family-owned business for 27 years.

Departures from Les Escoumins

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**Les Écumeurs du Saint-Laurent**

<table>
<thead>
<tr>
<th>1 888 817-9999</th>
<th>lesecumeurs.com</th>
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</table>

Les Écumeurs offers you a personalized excursion for watching whales and other mammals in the Marine Park. You’ll enjoy a unique and exciting experience aboard our 12-passenger zodiac-type boats.

Departures from Les Escoumins

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**Organisation - Le Québec Hors Circuits**

<table>
<thead>
<tr>
<th>418 579-8763</th>
<th>organisaction.com</th>
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</table>

Explore the majestic Saguenay Fjord, a maritime corridor, flanked by steep cliffs, that flows into the St. Lawrence Estuary, a meeting place for whales and other marine mammals. A natural experience on a human scale.

Departures from l’Anse de Saint-Étienne (Petit-Saguenay)

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**Parc national du Fjord-du-Saguenay**

<table>
<thead>
<tr>
<th>1 800 665-6527</th>
<th>parcsquebec.com</th>
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</thead>
</table>

On leaving one of the most beautiful bays in the Marine Park, take your place aboard an inflatable boat and begin your adventure with our experienced naturalist guides. Discover a protected ecosystem with a biodiversity that is unique in the world.

Departures from the Baie-Éternité wharf
<table>
<thead>
<tr>
<th><strong>Aventure Rose-des-Vents</strong></th>
<th><strong>Katabatik – Aventure dans Charlevoix</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>418 675-2625</td>
<td>1 800-453-4850 / 418 665-2332</td>
</tr>
<tr>
<td>aventurerosedesvents.com</td>
<td>katabatik.ca</td>
</tr>
<tr>
<td>Aventure Rose-des-Vents proposes personalised excursions to discover the Fjord. Beneath a full moon among friends or in the morning with family, our guides know how to offer you a memorable experience.</td>
<td>Specialists in guided sea kayaking excursions, our guides are dedicated to the St. Lawrence upper estuary. Abundant marine wildlife, amazing geomorphology, the Charlevoix coast is a paradise for paddlers.</td>
</tr>
<tr>
<td>Departures from Sainte-Rose-du-Nord</td>
<td>Departures from Baie-Saint-Paul, Cap-à-l’Aigle and Baie-des-Rochers</td>
</tr>
</tbody>
</table>

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<tr>
<th><strong>Centre de vacances – Ferme 5 étoiles</strong></th>
<th><strong>Kayaks du Paradis</strong></th>
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<tbody>
<tr>
<td>418 236-4833 / 1 877 236-4551</td>
<td>418 232-6237</td>
</tr>
<tr>
<td>ferme5etoiles.com</td>
<td>campingparadismarin.com</td>
</tr>
<tr>
<td>Lovers of nature and water activities come experience the Saguenay Fjord with us. Discover the beauty of the Fjord and its steep mountains by kayak: “Sunset” introduction, half-day outings or one to five-day expeditions.</td>
<td>Guided tours with a focus on safety and nature discovery. This adventure sport will give you the feeling that wildlife is so close you can touch it!</td>
</tr>
<tr>
<td>Departures from Anse-de-Roche near Sacré-Coeur</td>
<td>Departures from Les Bergeronnes</td>
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<tr>
<th><strong>Fjord en Kayak</strong></th>
<th><strong>Mer et Monde Écotours</strong></th>
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<tbody>
<tr>
<td>1 866 725-2925</td>
<td>1 866 637-6663</td>
</tr>
<tr>
<td>fjordenkayak.ca</td>
<td>meretmonde.ca</td>
</tr>
<tr>
<td>“Canadian Signature Experience.” Short, guided excursions on the Fjord (children three years of age and older) and multi-day expeditions with cuisine. Distinctions: small groups, fibreglass kayaks, personalised service, skilled guides.</td>
<td>An intimate experience linking humans to nature, where the sea kayak is the preferred tool for observing the marine environment. Our professional team invites you to experience unforgettable moments.</td>
</tr>
<tr>
<td>Departures from L’Anse-Saint-Jean</td>
<td>Departures from Les Bergeronnes and Tadoussac</td>
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**Organisation – Le Québec Hors Circuits**

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</thead>
<tbody>
<tr>
<td>418 579-8763</td>
</tr>
<tr>
<td>organisation.com</td>
</tr>
<tr>
<td>Discover the secrets of the Saguenay Fjord in the company of our keen and professional guides. Be it a simple, half-day excursion or a multi-day expedition, take advantage of our packages designed to your specifications.</td>
</tr>
<tr>
<td>Departures from Baie-Saint-Paul, Cap-à-l’Aigle and Petit-Saguenay</td>
</tr>
</tbody>
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**ARE YOU PLANNING A SEAGOING ACTIVITY WITHOUT A CERTIFIED GUIDE?**

Before you set out, learn the directives you will need to follow and the required equipment to ensure your outing is safe and enjoyable. See tc.gc.ca/marinesafety.

Weather conditions can change rapidly and strong marine currents could make your outing hazardous. For your safety, stay close to the shoreline and always keep it in sight, particularly in foggy conditions. Due to regular shipping traffic, avoid making “shore-to-shore” crossings. See marinepark.qc.ca/sea-kayak.
Beluga whales give birth in summer, particularly in July and August. This is a crucial period for the survival of mothers and their offspring. Females require calm to raise their newborn calves. When beluga whales approach your vessel, they react to your presence and modify their behaviour. Your presence could possibly interrupt resting, feeding or even calving and nursing. Repetitive disturbance can affect the survival of young animals, beluga whale health and reproduction. Remain at a distance of at least 400 metres.

To learn about best practices when in the presence of beluga whales, visit: marinepark.qc.ca/protect/#beluga

Regulations (page 3) are in force throughout the Marine Park, and park wardens provide surveillance. Disturbing marine mammals is prohibited, even beyond the limits of the Marine Park.

EXPERIENCE ON A SAILING VESSEL

DAMACHA – ÉCOLE DE VOILE CROISIÈRE
1 866 278-5355 / 418 434-2435
damacha.qc.ca

Damacha trains all levels of sailors. Cruise the Fjord, the Estuary and the Gulf from Tadoussac. Experience life aboard a sailboat in the splendour of nature as it was in the days of the discoverers of this world.

Departures from Tadoussac

VOILE MERCATOR
1 888 674-9309
voilemercator.com

Navigate by sail on the Saguenay Fjord and the St. Lawrence Estuary. Three to seven-hour initiation excursions and 2 to 16-day cruise sailing courses are available. Accredited by Sail Canada and Aventure Écotourisme Québec.

Departures from L’Anse-Saint-Jean, Baie-Éternité, Tadoussac and La Baie

FREE!
To get your copy of the Saguenay–St. Lawrence Marine Park Boater’s Guide write to info.marinepark@pc.gc.ca
22 ways to discover the Marine Park: meet genuinely enthusiastic people, take in fascinating exhibits, enjoy fabulous outings and explore the great outdoors.

FIND COMPLETE DESCRIPTIONS ON PAGES 10 TO 14.
Saint-André-de-Kamouraska towards Forestville / Baie-Comeau

Les Bergeronnes towards Alma Saguenay River

Malécite de Viger towards Québec

The Saguenay–St. Lawrence Marine Park Discovery Network

This map is not to be used for legal or navigational purposes.
Exceptional views onto the Marine Park! See whales, seals and seabirds near the shore. Encounter naturalist-guides and benefit from their knowledge. Daily activities proposed. Sea life exhibits and visit of a light station. Binoculars and spotting scopes are available for your use. Follow divers live on a big screen (reservations recommended) or take the dive yourself! (See p. 4)

parkscanada.gc.ca/saguenay

Indulge in outdoor activities on land, at sea and in the air! Hiking trails provide extraordinary views onto the Fjord from Tadoussac to Éternité Bay. Try the Via ferrata des Géants with its impressive aerial pathways. Observe beluga whales from the observation deck half way along the Fjord on the shores of Sainte-Marguerite Bay and discover the fascinating universe of this protected species with the help of our naturalist-guides.

parcsquebec.com
**CENTRE ÉCOLOGIQUE DE PORT-AU-SAUMON**

3330, boul. Malcolm-Fraser (route 138) La Malbaie (Saint-Fidèle sector)
Tel.: 418 434-2209
1 877-434-2209
cepas.qc.ca
Latitude: 47.765055
Longitude: -69.952247
**Schedule:**
June 26 to August 17
**Admission:**
Interpretive Trail (10 a.m. and 2 p.m.)
Adult: $8
Child (5 to 12): $5
Touch tank (10 a.m., 11 a.m., 2 p.m. and 3 p.m.)
Adult: $5
Child: $3
Low tide (July 8, 13, 14 and 27, August 6 and 7)
Adult: $10
Child: $5

Wander through our interpretive trail. Observe and handle various St. Lawrence marine organisms. RECENTLY ADDED: Discovery activities at low tide in Port-au-Saumon Bay.

**PETIT-SAGUENAY**

Tourist information
61, rue Dumas
Petit-Saguenay
Tel.: 418 272-3219
petit-saguenay.com
Latitude: 48.209261
Longitude: -70.067463
**Schedule:**
May 15 to November 1
**Admission:**
Free

Discover the Fjord at two exceptional locations: the wharf, with its magical sunsets, and Saint-Etienne beach, a haven of peace in rhythm with the tides.

**L’ANSE-SAINT-JEAN**

3, rue du Couvent
L’Anse-Saint-Jean
Tel.: 418 272-2633
lans saint-jean.ca
Latitude: 48.233554
Longitude: -70.205869
**Visitor kiosk**
**Schedule:**
Late June through mid-September:
Every day
Tel.: 418 272-2974
**Admission:**
Free

Nestled along the shores of the majestic Saguenay Fjord, discover the charms of this picturesque village by way of the many outdoor activities and services available year round.

**PARC MUNICIPAL DE LA BAIE-DES-ROCHERS**

A haven of peace in phase with the tides, Port-au-Persil is a member of the “Association des plus beaux villages du Québec.” (Association of Quebec’s Most Beautiful Villages).

555, chemin de Port-au-Persil
Saint-Siméon
Municipality of Saint-Siméon
Tel.: 418 620.5010
saintsimone.ca
Latitude: 47.953704
Longitude: -69.81283
**Schedule:**
Spring to fall
**Admission:**
Free

Hike one of the marked trails and take time out to enjoy the delightful surroundings and breath-taking views of the St. Lawrence Estuary.

**MUSÉE DU FJORD**

3346, boul. de la Grande-Baie Sud Saguenay
(La Baie borough)
Tel.: 418 697.5077
1 866 697-5077
museedufjord.com
Latitude: 48.317447
Longitude: -70.853845
**Schedule:**
June 24 to Sept. 4:
Every day
September 5 to June 23: Tuesday to Sunday
**Admission:**
Adults: $15
Children (6 to 17): $8.50
Family and group rates available

Winner of 12 awards of excellence, the Fjord Museum invites you to discover the Saguenay Fjord and the history of its people through exciting exhibitions, a large aquarium and a unique multimedia experience.
Where are the whales? Who are they? What are researchers doing? A visit to this centre is a must! Exhibition, film, specialists. Take part in world-renowned whale-song classes.

This reproduction of the first New France trading post celebrates its 75th anniversary in 2017. Relive the first days of the colony through an interactive and entertaining exhibit on contacts between Europeans and Innu.

Explore the exhibit on human occupation of the North Shore (Côte-Nord) from the first Indigenous to the present day. Discover the lives of ancient Indigenous communities. Pottery, beading, dream-catcher fabrication and stone-cutting workshops.
PARC NATUREL ET HISTORIQUE DE L’ÎLE AUX BASQUES

A natural heritage showpiece, île aux Basques is a National Historic Site, a migratory bird sanctuary and a nature preserve. The island is home to historical monuments, Basque ovens and an interpretation centre. Rustic cottage accommodation is available.

Boarding:
Trois-Pistoles Marina
Tel.: 418 851-1202
provancher.org
Latitude 48.133079
Longitude: -69.184890

Schedule
June 5 to September 5
Variable, depending on tides

Admission
Adults: $29.75
Youth (7-15): $16.75
Children (6 and under): $6.75
Taxes included

La Maison Girard Interpretation Centre
371, route 132 Est
Île-Verte
Tel.: 418 898-2757 / 418 867-8882,
ext. 201 (Low season)
egc.gc.ca/lp-ps
Latitude: 48.03512
Longitude: -69.327132

Schedule
Mid-June to early September
Admission
Free

BAIE DE L’ISLE-VERTE NATIONAL WILDLIFE AREA

Follow the trails on the Estuary’s south shore and observe the largest grassy salt marsh along the St. Lawrence.

Les Maisons du Phare de l’Île Verte
2802, chemin du Phare
Notre-Dame-des-Sept-Doulours
Tel.: 418 898-2730
pharellemverte.com
Latitude: 48.051006
Longitude: -69.423616

Horaire
June 10 to September 17
Off season: group reservations only
Ferry crossing regulated by the tide
traverseileverte.quebec

Admission
$88 / single occ. and $120 / double occ.
(plus taxes)

ST. LAWRENCE EXPLORATION CENTRE

Discover St. Lawrence marine resources in their natural surroundings. Touch, observe and allow yourself to be guided to the core of an amazing array of flora and fauna.

80, rue Mackay
Rivière-du-Loup
Tel.: 418 867-8796 / 418 867-8882,
poste 206
romm.ca
Latitude: 47.860305
Longitude: -69.552173

Schedule
June 11 to September 3
Admission
Adults: $7.50
Children (6-17): $4
Family and group rates available

ÎLES DU POT À L’EAU-DE-VIE AND ÎLE AUX LIÈVRES

Ecotourism experience, with a visit to bird sanctuaries, romantic nights on an island, guided cruises, hiking in a natural environment and exploration of historical sites.

200 rue Hayward
Rivière-du-Loup
Tel.: 1 877 867-1660
duvetonor.com
Latitude: 47.84729
Longitude: -69.567567

Schedule
Early June to the end of September
Admission
Depending on the tour and duration of the stay
10 ACTIVITIES NOT TO BE MISSED!

JUNE TO OCTOBER

1 EMBARK UPON A MODERN-DAY TREASURE HUNT: GEOCACHING!

Equipped with a GPS, set off in search of Parks Canada’s geocaches. Do a search for “The White Whale,” “La Fidèle,” “Magtogoek” or “A Fragile Ecosystem” on geocaching.com.

DO YOUR CHILDREN LOVE TO EXPLORE?

2 Ask for the Xplorer program booklet when you enter one of the Parks Canada sites.

ON THREE FULL-MOON EVENINGS... WE JAZZ IT UP UNDER THE MOON!

3 Unique in Quebec. Magical evenings spent outdoors on the riverbank where whales peacefully make room for the moon and its silvery ribbon as it decorates the scene for a jazz concert. An experience worth living!

On Saturday, July 8, August 5 and September 9, 2016, at around 8 p.m. (about one hour before moonrise).

Marine Environment Discovery Centre 41, rue des Pilotes, Les Escoumins (Activity to be held indoors in the event of inclement weather).

For reservations call: 418 232-6653

EXPLOS-NATURE : ÉDUCATION-RECHERCHE

4 302, rue de la Rivière, Les Bergeronnes Tel: 418 232-6249  explosnature.ca

Children discover the natural sciences through their five senses! Nature classes for educational institutions, family camps and science day-camps. This non-profit organization is dedicated to education and research of the natural world.

JULY AND AUGUST

5 QUEBEC LIGHTHOUSE DAY

July 13, 2017

Participate in special activities and discover the Marine Park’s lighthouses. Along with other navigational aids, they contribute to improving safety on the St. Lawrence.

6 BIOBLITZ CANADA 150 AT THE MARINE ENVIRONMENT DISCOVERY CENTRE

July 22 to 29, 2017

Use a microscope or participate in the activity the St. Lawrence Live® and identify plants and animals that are protected by the Saguenay–St. Lawrence Marine Park. Are you a certified diver? Identify marine organisms by exploring park waters.

* Reservation recommended, $49.00 per person.

AUGUST IS ARCHAEOLOGY MONTH!

The Centre Archéo Topo proposes a tour through the Les Bergeronnes digs accompanied by an archaeologist guide. The archaeological dig simulation workshop is a unique experience for children to discover arrowheads, pipes, pottery shards, and other artefacts.

Centre Archéo Topo: 418 232-6286

SEPTEMBER AND OCTOBER

7 FESTIVAL MARIN DES ESCOUMINS (LES ESCOUMINS MARINE FESTIVAL)

September 2 and 3 (Labour Day weekend)

Gaze in wonder at the St. Lawrence’s underwater seascapes. Attend film screenings and follow divers as they perform a night dive. You’ll be amazed by the marine life on display! Photo contest and underwater treasure hunt. Details available on our Facebook page!

Marine Environment Discovery Centre 41, rue des Pilotes, Les Escoumins


8 LET YOURSELF BE CHARMED BY BOREAL OWLS

Learn about research carried out at the Observatoire d’oiseaux (Tadoussac Bird Observatory) and see a master bird bander work with these tiny night owls. As an observer, you can even participate in making the rounds of the nets! (Activity offered in French).

Parc national du Fjord-du-Saguenay Tel: 418 272-1556 sepaq.com/pq/sag

9 FESTIVAL DES OISEAUX MIGRETEURS DE LA CÔTE-NORD NORD (NORTH SHORE MIGRATORY BIRD FESTIVAL)

During the 3rd weekend of September, experienced birdwatchers and nature lovers are invited to participate in the following activities: bird-watching excursions (pelagic birds and shorebirds), bird banding, and conferences open to the general public.

festivalmigrateurs.com
THE ST. LAWRENCE BELUGA WHALE IS ENDANGERED
Parks Canada and Parcs Québec contribute to protection efforts

Beluga whales were historically abundant in the waters of the St. Lawrence. There were between 7800 and 10 000 individuals at the end of the 19th century. Unfortunately, intensive commercial whaling in the early 20th century very nearly wiped them out. The St. Lawrence beluga whale population has not recovered, despite a whaling ban that has been in place since 1979. The population is presently thought to be in decline. There are only an estimated 889 belugas remaining in the St. Lawrence.

The need to protect beluga whales and a large part of their summer habitat prompted the creation of the Saguenay—St. Lawrence Marine Park in 1998. It also led to the implementation of a number of protection, research and awareness activities. Numerous organizations, institutions and governments contribute to these efforts.

Parks Canada and Parcs Québec are also doing their part to protect and heighten awareness of this magnificent animal. On your visit to the marine park area, you may witness some of their initiatives.

INCREASED AWARENESS:

• Tour boat captains and the sea kayaking guides participate in annual training courses. If you embark with them, you will benefit from their knowledge;
• By visiting Discovery Network sites you will explore various facets of the Marine Park while gaining access to information about beluga whales;
• You may encounter one of the teams dedicated to research, awareness or monitoring who ply the waters of the Marine Park aboard a Parks Canada or a Parcs Québec boat;

PARTNERSHIP:

• We are working with Fisheries and Oceans Canada to educate recreational boaters and kayakers to take care of beluga whales by keeping their distance;
• Marine excursion companies, Parks Canada, Parcs Québec and the Group for Research and Education on Marine Mammals (GREMM), came together to form the Eco-Whale Alliance in order to improve visitor experience and whale-watching practices within the Marine Park;
• We work in consultation with maritime transport specialists in order to reduce the risk of collisions with whales and to limit disturbances;
• The beluga whale carcass recovery and examination program furthers understanding of the state of health of these animals and identifies causes of death;

ACTIVITIES MANAGEMENT:

• The Marine Activities in the Saguenay—St. Lawrence Marine Park Regulations were developed in collaboration with marine excursion companies. Parks Canada park wardens oversee the application of these Regulations;

RESEARCH:

• In addition to contributing to a number of studies, our teams study the distribution and abundance of beluga whale prey and vessel movements of within its habitat.

Our efforts supplement those of a large number of stakeholders. Protecting the St. Lawrence beluga whale is everyone’s business. Without your help, we will not be able to achieve this worthwhile goal.
NEED MORE INFORMATION ABOUT THE MARINE PARK?

Saguenay–St. Lawrence Marine Park
info.parcmarin@pc.gc.ca | marinepark.qc.ca |
Follow us on facebook.com/SaguenayStLawrenceMP
Share your #marineparkmoment #SSLMarinePark

PARKS CANADA
182, rue de l’Église
Tadoussac (Québec)
G0T 2A0
Tel.: 418 235-4703
Tel.: 1 888 773-8888
information@pc.gc.ca
parcsacanada.gc.ca

PARCS QUÉBEC
91, rue Notre-Dame
Rivière-Éternité (Québec)
G0V 1P0
Tel.: 418 272-2767
Tel.: 1 800 665-6527
parc marin@sepaq.com
parcsquebec.com

To help you plan your stay...

Tourisme Bas-Saint-Laurent
Tel.: 418 867-1272 • 1 800 563-5268
bassaintlaurent.ca

Association touristique de Charlevoix
Tel.: 418 665-4454 • 1 800 667-2276
tourisme-charlevoix.com

Association touristique du Saguenay–Lac-Saint-Jean
Tél.: 418 543-9778 • 1 877 BLEUETS (253-8387)
saguenaylacsaintjean.ca

Tourisme Côte-Nord
Tél.: 418 294-2876 • 1 888 463-5319
tourismecote-nord.com

Ferry Schedules and Information

Escoumins / Trois-Pistoles
Tel.: 418 851-4676 • 1 877 851-4677
traversiercnb.ca

Rivière-du-Loup / Saint-Siméon
Rivière-du-Loup Tél.: 418 862-5094
Saint-Siméon Tél.: 418 638-2856
traversiersl.com

Baie-Sainte-Catherine / Tadoussac
Tel.: 418 235-4395
traversiers.gouv.qc.ca

VISIT ONE OF THESE INFORMATION OFFICES:

La Malbaie
(Saint-Fidèle sector)
VISITOR CENTRE
2820, boul. Malcolm-Fraser
418 434-2299

Rivière-du-Loup
TOURIST INFORMATION OFFICE
189, boulevard de l’Hôtel-de-Ville
418 862-1981

Baie-Sainte-Catherine
BAIE-SAINTE-CATHERINE WHARF
151, route 138

Les Escoumins
TOURIST INFORMATION OFFICE
154, route 138
418 233-2663

IN CASE OF EMERGENCY

CANADIAN COAST GUARD
Search and Rescue 1 800 463-4393
VHF Channel 16 (156.8 MHZ)
Available 24 hours a day, 7 days a week
Cellular Phone #16
Marine Pollution 1 866 508-9888
Available 24 hours a day, 7 days a week

PARKS CANADA
Concerning collisions with or disturbances of marine mammals 1 866 508-9888
Available 24 hours a day, 7 days a week

RÉSEAU QUÉBÉCOIS D’URGENCES POUR LES MAMMIFÈRES MARINS (QUEBEC MARINE MAMMAL EMERGENCY RESPONSE NETWORK)
Concerning a marine mammal that is either wounded or in trouble 1 877 722-5346

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