

SÉPAQ

# PARC NATIONAL DE LA GASPÉSIE

Protected area. Enriching nature experiences.

The Parc national de la Gaspésie was created in 1937 to preserve the mountain caribou, the Sainte-Anne River and the Gaspesian mountain. It forms the perfect marriage between the immensity of its territory, its rich history, its wild nature, and the poetry of its landscapes. Whether discovering it for the first time or rediscovering it repeatedly, visitors are sure to be delighted by this park.



 **Sépaq**  
human nature

# TEAM FAVOURITES



## Life at the Pace of the King of Our Forests

Held in the fall, as the forest puts on its most beautiful colours, the “Valley of the Kings” activity takes you into the moose’s habitat accompanied by a park ranger. You’ll have the unique opportunity to live at the pace of the king of our forests.



## Lakeside enjoyment

Lac Cascapédia is 4 km long lake located in an intimate and lush setting. Be charmed by its cool tranquility. Lac Cascapédia offers rest and contemplation its calm campground site as well as high-energy canoeing, stand-up paddleboarding and pedal boat rentals.



## Contemplating sunrise or sunset at Ernest-Laforce

Contemplating sunrise or sunset from the top of Mount Ernest-Laforce is undoubtedly one of the highlights of a visit to Parc national de la Gaspésie. Grab a headlamp and enjoy the show. Who knows? You may be lucky enough to spot a moose along the way.



## Crossing the McGerrigle in a Day

Park your car at the Lac aux Américains lot and use our shuttle service to get to the Mont Jacques-Cartier trailhead. From there, you can cross the McGerrigle Massif in a single day. A one-way trip through the Jacques-Cartier and Xalibu alpine zones. Ask at the reception desk.



## Back to Winter Joys

Discover the magnificent scenery of the park in winter by exploring our marked trails and off-trail areas. The mountain school offers quality equipment rentals for every activity in the park.



## Relaxing at Gîte du Mont Albert

Gîte du Mont-Albert, a 4-star hotel, offers guests all the comfort they need. Located in the heart of Parc national de la Gaspésie, this magnificent inn is known for its hospitality, fine local cuisine and unique décor.

# DISCOVER OUR TRAILS

| DEPARTURE POINT                      | TRAIL                                | DISTANCE | DURATION <sup>1</sup> | ELEVATION       | DIFFICULTY | DESCRIPTION  |  |
|--------------------------------------|--------------------------------------|----------|-----------------------|-----------------|------------|--|--|
| <b>CENTRAL SECTOR</b>                |                                      |          |                       |                 |            |  |  |
| Discovery and Visitors Centre        | <b>La Chute Sainte-Anne</b>          | 1.7 km   | 30 min.               | Relatively flat | <b>E</b>   | This trail offers a scenic lookout with a great view of Mont Albert's northern slope and views of the Rivière Sainte-Anne falls.   |  |
|                                      | <b>La Lucarne</b>                    | 2.5 km   | 1 hour                | 80 m            | <b>E</b>   | A loop that offers a beautiful view of the Rivière Sainte-Anne valley.   |  |
|                                      | <b>La Saillie</b>                    | 4.2 km   | 1 hour 45             | 190 m           | <b>I</b>   | Spectacular views of the McGerrigle mountains, Gîte du Mont-Albert, and the Rivière Sainte-Anne valley.  |  |
|                                      | <b>La chute du Diable</b>            | 7.0 km   | 3 hours               | 120 m           | <b>I</b>   | The trail follows Rivière Sainte-Anne before a short climb that takes you to a lookout where you can admire the waterfall.   |  |
|                                      | <b>Le Mont Albert northern slope</b> | 11.6 km  | 5 hours               | 860 m           | <b>Ex</b>  | This steady climb leads to the summit of Mont Albert. <i>Open from the second Saturday of June to Thanksgiving.</i>  |  |
|                                      | <b>Le tour du Mont Albert</b>        | 17.3 km  | 7 - 8 hours           | 860 m           | <b>Ex</b>  | A classic! Crossing the summit plateau and descent into the Cuve du Diable. <i>Open from July 1<sup>st</sup> to September 30<sup>th</sup>, 2024.</i>   |  |
|                                      | <b>Mont Olivine</b>                  | 11.4 km  | 4 hours               | 460 m           | <b>D</b>   | Steady ascent leading to a bare ridge offering magnificent view of Mont Albert and the Rivière Sainte-Anne Valley.   |  |
|                                      | <b>La Serpentine</b>                 | 12.4 km  | 4 hours               | 360 m           | <b>D</b>   | Forest trail alternating steeper ascents leading to the Serpentine Shelter, located at the foot of the Mont Albert's vast basins.  |  |
| Ruisseau-Isabelle Parking            | <b>La Serpentine</b>                 | 10.0 km  | 3 hours 30 min.       | 270 m           | <b>I</b>   | Former prospecting trail where the forest quickly becomes more open until reaching the shelter located at the foot of Mont Albert's vast basins.   |  |
|                                      | <b>Mont Olivine</b>                  | 8.8 km   | 3 hours 30 min.       | 375 m           | <b>I</b>   | Ascent leading to a bare ridge offering magnificent views Mont Albert and the Rivière Sainte-Anne valley.  |  |
| Ernest-Laforce Parking               | <b>Mont Ernest-Laforce</b>           | 4.6 km   | 2 hours               | 155 m           | <b>I</b>   | The summit offers a particularly striking, 360-degree view of Mont Albert and the surrounding mountains.   |  |
| Mont Richardson Parking              | <b>Mont Richardson</b>               | 11.6 km  | 6 hours               | 710 m           | <b>Ex</b>  | A wonderful challenge and a well-kept secret! Enjoy the breathtaking, 360-degree view at the summit.   |  |
|                                      | <b>Mont Joseph-Fortin</b>            | 11.0 km  | 4 hours 30 min.       | 500 m           | <b>D</b>   | A steep climb leads to a taiga-like plateau. A loop trail circles the plateau, offering many great vantage points.   |  |
| Lac aux Américains Parking           | <b>Lac aux Américains</b>            | 2.6 km   | 1 hour 30 min.        | 90 m            | <b>E</b>   | This short hike brings you to the "cirque", or glacial basin, at Lac aux Américains.   |  |
|                                      | <b>Mont Xalibu</b>                   | 10.6 km  | 5 hours               | 540 m           | <b>D</b>   | From Lac aux Américains, the trail heads through a forest setting before changing into a rugged path that leads to the tundra. <i>Open from the second Saturday of June to Thanksgiving.</i> |  |
| <b>EASTERN SECTOR</b>                |                                      |          |                       |                 |            |  |  |
| Mont Jacques-Cartier Camping Station | <b>Mont Jacques-Cartier</b>          | 8.2 km   | 4 hours               | 465 m           | <b>D</b>   | This trail is reminiscent of the Far North with its vast expanses of alpine tundra. <i>Open from July 1<sup>st</sup> to September 30<sup>th</sup>, 2024, from 10 a.m. to 4 p.m.</i>          |  |
|                                      | <b>Mont des Pics</b>                 | 7.2 km   | 3 hours               | 365 m           | <b>D</b>   | Trail located partly within the territory of the Chic-Chocs Wildlife Reserve.  |  |
| <b>WESTERN SECTOR</b>                |                                      |          |                       |                 |            |  |  |
| Lac Cascapédia Camping Station       | <b>Pic du Brûlé</b>                  | 14.2 km  | 5 hours               | 430 m           | <b>D</b>   | This trail offers views of the Chic-Choc mountain range and the St. Lawrence Valley.   |  |
| Pic de l'Aube Parking                | <b>Pic de l'Aube</b>                 | 11.8 km  | 4 hours               | 375 m           | <b>D</b>   | Old forest trail culminating on a peak that protrudes at the top of the Chic-Choc mountain range.  |  |
| Rivière Cascapédia Parking           | <b>La Rivière-Caspédia</b>           | 1.4 km   | 30 min.               | Relatively flat | <b>E</b>   | Short trail leading to the source of one of the most important salmon rivers in Gaspésie.  |  |

**E:** Easy **I:** Intermediate **D:** Difficult **Ex:** Expert



Family experience



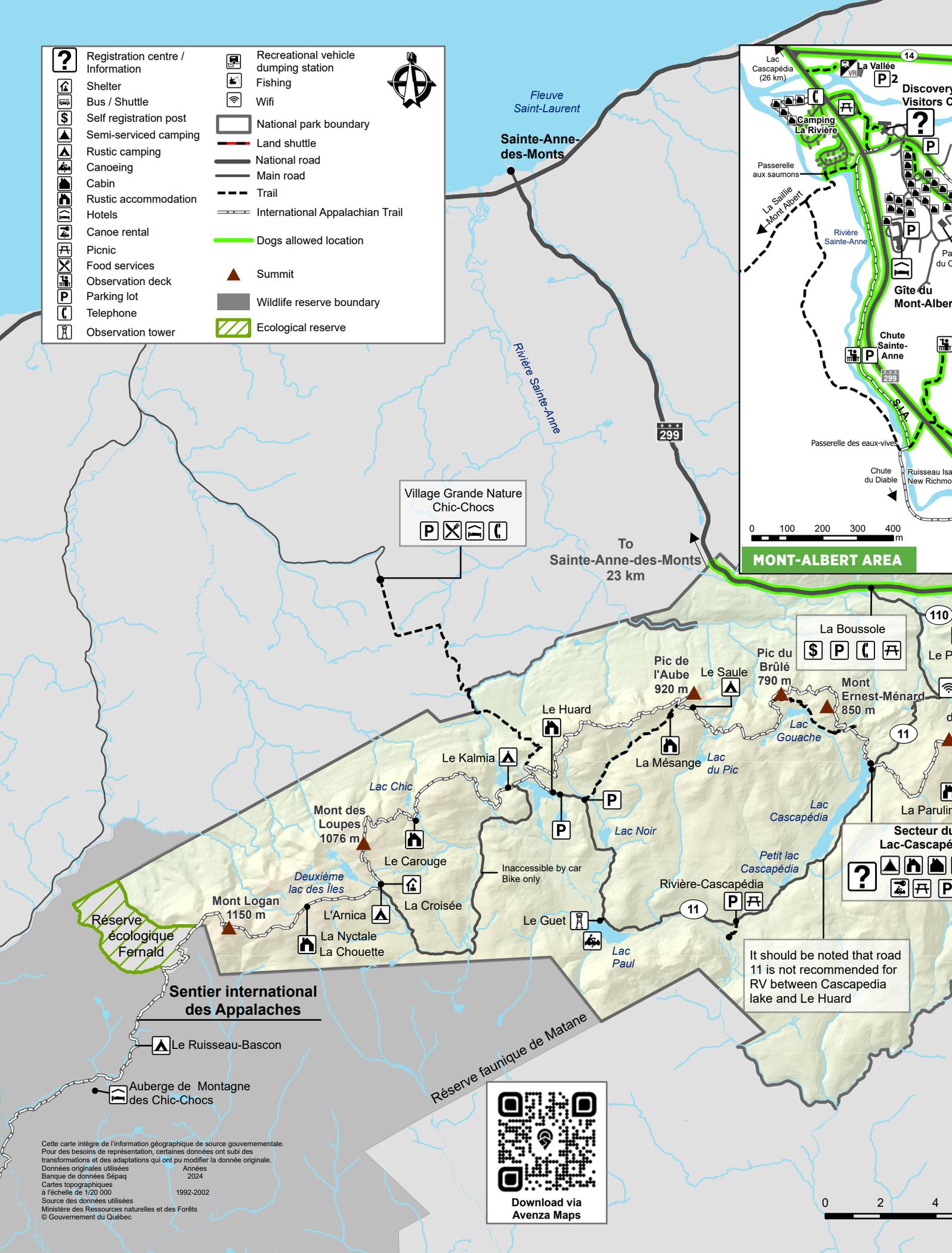
Dog allowed  
[sepaq.com/animals](http://sepaq.com/animals)



<sup>1</sup> The durations are provided as indicative only and may vary greatly depending on the hiker's experience level and weather conditions.

|  |                                   |  |                                      |  |
|--|-----------------------------------|--|--------------------------------------|--|
|  | Registration centre / Information |  | Recreational vehicle dumping station |  |
|  | Shelter                           |  | Fishing                              |  |
|  | Bus / Shuttle                     |  | Wifi                                 |  |
|  | Self registration post            |  | National park boundary               |  |
|  | Semi-serviced camping             |  | Land shuttle                         |  |
|  | Rustic camping                    |  | National road                        |  |
|  | Canoeing                          |  | Main road                            |  |
|  | Cabin                             |  | Trail                                |  |
|  | Rustic accommodation              |  | International Appalachian Trail      |  |
|  | Hotels                            |  | Dogs allowed location                |  |
|  | Canoe rental                      |  | Summit                               |  |
|  | Picnic                            |  | Wildlife reserve boundary            |  |
|  | Food services                     |  | Ecological reserve                   |  |
|  | Observation deck                  |  |                                      |  |
|  | Parking lot                       |  |                                      |  |
|  | Telephone                         |  |                                      |  |
|  | Observation tower                 |  |                                      |  |

**MONT-ALBERT AREA**



Village Grande Nature Chic-Chocs

To Sainte-Anne-des-Monts 23 km

La Boussole

Secteur du Lac-Caspédia

It should be noted that road 11 is not recommended for RV between Cascapédia lake and Le Huard

Download via Avenza Maps

Cette carte intègre de l'information géographique de source gouvernementale. Pour des besoins de représentation, certaines données ont subi des transformations et des adaptations qui ont pu modifier la donnée originale. Données originales utilisées Années 2024 Banque de données Sépaq Cartes topographiques à l'échelle de 1/20 000 1992-2002 Source des données utilisées Ministère des Ressources naturelles et des Forêts © Gouvernement du Québec





## Daily shuttles: A new way to explore the park

A shuttle system allows visitors to discover the park in a different way, without having to take your car. Trail runners and hikers will find what they need to build a custom itinerary for the day.

The shuttles operate daily from July 1<sup>st</sup> to September 30, 2024.

Find out more and reserve your spot directly at the Discovery and Visitors Centre (DVC) front desk.

### Shuttles in the Mont Jacques-Cartier sector

|              | Departure                            |   | Arrival                              |                            | Price             |
|--------------|--------------------------------------|---|--------------------------------------|----------------------------|-------------------|
| <b>Going</b> | DVC                                  | 9:00 a.m.   | Departure from Jacques-Cartier trail | 9:50 a.m.                  | \$17 one-way trip |
| <b>Back</b>  | Jacques-Cartier campground           | 4:10 p.m.   | DVC                                  | 4:55 p.m.                  | \$28 round-trip   |
| <b>Going</b> | Jacques-Cartier campground           | Between 9:40 a.m. and 11:40 a.m. every 20 minutes | Departure from Jacques-Cartier trail | 10 minutes after departure | \$9.50 round-trip |
| <b>Back</b>  | Departure from Jacques-Cartier trail | Between 1:20 p.m. and 4:00 p.m. every 20 minutes  | Jacques-Cartier campground           | 10 minutes after departure |                   |

### Morning commute

| Departure                  |  | Arrival   |     | Price            |
|----------------------------|--|-----------|-----|------------------|
| Lac aux Américains parking |  | 8:15 a.m. | DVC | 8:30 a.m. \$9.50 |

## Summer trail running workshop - FREE

In August, the Parc national de la Gaspésie Mountain School, in partnership with the kinesiology department of the Université du Québec à Rimouski (UQAR), is offering two workshops on a fast-growing sport: trail running.

### Workshop #1: Introduction to trail running (beginner)

Discover trail running, learn how to get started in a progressive way, as well as tips and tricks (running techniques, preparation, equipment, nutrition & hydration, etc.). The workshop is followed by a trail run of about 2.5 km along a park trail.

### Workshop #2: Refine your trail running knowledge and skills (intermediate)

Improve your skills and performance by putting advanced training tips into practice. Learn about recovery methods, injury prevention, increasing training volume and more. The workshop is followed by a 6 km trail run in the park.

|                                 |  |  |
|---------------------------------|--|--|
| <b>Workshop #1 Beginner</b>     | August 5 to 16<br>Monday, Wednesday and Friday   | <ul style="list-style-type: none"> <li>The activity runs from approximately 9 a.m. to 11:30 a.m.</li> <li>Visit the Discovery and Visitors Centre</li> <li>Please register at least the day before at the Discovery and Visitors Centre reception desk.</li> <li>Appropriate clothing and a pair of running shoes are required.</li> </ul> |
| <b>Workshop #2 Intermediate</b> | August 6 to 17<br>Tuesday, Thursday and Saturday |  |

### Western sector shuttles

|                | Departure  |                 | Arrival    |      | Price |
|----------------|------------|-----------------|------------|------|-------|
| DVC            | 9:00 a.m.  | Lac Cascapédia  | 9:30 a.m.  | \$28 |       |
| Lac Cascapédia | 9:30 a.m.  | Le Huard hut    | 10:00 a.m. | \$28 |       |
| Le Huard hut   | 10:00 a.m. | La Chouette hut | 12:00 p.m. | \$28 |       |

### Sainte-Anne-des-Monts - DVC shuttles

|                             | Departure |                             | Arrival   |                   | Price |
|-----------------------------|-----------|-----------------------------|-----------|-------------------|-------|
| SADM Tourist Welcome Office | 7:45 a.m. | DVC                         | 8:15 a.m. | \$5 one-way trip  |       |
| DVC                         | 5:00 p.m. | SADM Tourist Welcome Office | 5:30 p.m. | \$9.50 round-trip |       |



## Family Experience Yippee, it's absolutely free!

For kids 17 years of age and under, access, accommodations, and certain equipment loans are free of charge.

The offer varies from one establishment to another.



# DISCOVERY TIME



**June 22 to October 5, 2024**

**Discover the richness of the Gaspé landscape by participating to one of the discovery activities offered by our naturalists. Learn about wildlife, the park's history, the formation of our mountains and plants that are unique across the world!**

**All activities are in French, but naturalists can answer questions in English.**

## **Mountain activities - FREE**

Take a look at our discovery activities program to learn where our naturalists can be found today! Join them for a short while, and they'll show you the special features of these exceptional mountain ecosystems.

**Experience the Great North:** Mont Jacques-Cartier summit (from July 1<sup>st</sup>).

**Lands of contrasts:** Mont Albert summit.

**Overlooking the ages:** Mont Ernest-Laforce summit.

**Of rocks and ice:** Lac aux Américains shoreline.

## **Evening activities - FREE**

End your day in style with one of our evening activities: 1 hour of discoveries for everyone! Contact us to find out more!

**In the land of the Chic-Chocs:** Historical storytelling around the fire on the shores of Lake Cascadepia.

**Summit encounters:** Multimedia talk on the situation of the Gaspé caribou in the amphitheatre of the Discovery and Visitors Centre.

**NEW! The Mountains Stories:** Experience the birth of the park's mountains through a multimedia discussion in the amphitheatre of the Discovery and Visitors Centre.

## **Guided activities - \$**

Want to learn even more? Book an activity guided by a naturalist at one of our reception desks or by calling 418-763-7494! Places are limited!

**NEW! Journey to the heart of the Gaspé massif:** Guided hike in search of clues to the passage of time on Mont Ernest-Laforce. Transport included. Length: 3 hrs.

**Valley of the Kings:** Guided hike off the beaten track to discover the kingdom of the moose. Length: 3 hrs. August 31 to October 5, 2024.



## **IN THE WILD, YOUR SAFETY IS YOUR RESPONSIBILITY**

### **Outdoor activities can involve certain risks.**

Always be sure to have the skills and abilities required for the activity you choose. It is very important to find out about the risks involved in the activity, to know and respect your own limits and to use appropriate equipment. Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities.

**For more information, visit our website at [sepaq.com/security](https://sepaq.com/security)**

## **DISCOVERY ACTIVITIES**

**Consult the program to  
enrich your visit.** (in French only)

You will find  
entertaining  
activities to  
explore the  
park from  
every angle.



# CONSERVE FOR TOMORROW



Have you ever heard of invasive alien plant species (IAS)? These non-native organisms are spreading all over the planet, posing a challenge for the conservation of natural environments, specifically in protected areas such as national parks. These IAS compete with native plants, harming local biodiversity.

An ongoing study, carried out at the Station d'étude montagnarde (SEM) by Anthony St-Jean and supervised by Luc Sirois and Guillaume de Lafontaine, has identified 107 species of invasive alien plants in the Parc national de la Gaspésie. Among these, at least 55 are progressing in altitude, representing a challenge for the maintenance of the integrity of the flora specific to alpine environments.

Initially found at low altitudes in areas frequented by humans, such as parking lots and campsites, IAS are found in greater numbers here. As we move further away from these propagation zones, their presence decreases. However, although the shade of the forest canopy partially slows down the growth of IAS, they are able to climb to higher altitudes via footpaths. The trampling caused by hikers reduces the thickness of organic matter, which facilitates their colonization.

The results show that high-altitude areas of the Gaspé massif are being actively colonized by invasive alien plants. This phenomenon is constantly expanding and is therefore closely linked to urban development. For this reason, it is everyone's responsibility to play an active part in this conservation issue.

## A few tips to slow the spread of invasive alien species:

1. Do not pick plants or transport them outside their habitat.
2. Stay on trails and developed areas at all times.
3. Inspect and clean your shoes or boots before and after each outing. Dispose of soil, mud, plants and other visible organisms in the waste.
4. Do not transport firewood from one place to another as invasive insects and parasites could hide in it. It is strongly recommended that you buy your wood locally.

## Our national parks

Given the millions of visits to our national parks annually, harmful behaviors can cause permanent damage to the environment and negatively impact the experience of other visitors. Let's do our part to care for these extraordinary nature sites so we can all enjoy them for years to come.

## 5 GOOD PRACTICES TO ADOPT IN NATURE



### Stay on trails and in designated visitor areas

Taking shortcuts can destroy vegetation.



### Do not gather dead wood\*

To preserve the natural environment, it is prohibited to remove natural elements, including animals, plants, dead wood, and rocks.



### Do not feed wildlife\*

Feeding wildlife negatively impacts their natural feeding habits. Keep all food out of reach of animals.



### Keep your distance when observing wildlife

When animals are repeatedly disturbed, their natural behaviors can change, and they can develop problems to feed, find a mate, and communicate among themselves.



### Respect the peace and tranquility, and comply with curfews

People come to national parks to relax and enjoy nature. Please respect curfews and avoid playing music at all times.

\*Failure to comply with rules governing parks and authorized activities is considered a violation of the *Parks Act* and *Parks Regulation*.



Parc national  
de la Gaspésie



PCF



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