

An aerial photograph of a large, forested island in a lake. The island is covered in dense green trees and has a sandy beach along its shoreline. The water is a deep blue, and other smaller islands are visible in the background under a clear sky.

SÉPAQ

# PARC NATIONAL DE LA POINTE-TAILLON

Protected territory. Enriching nature experiences.

**With kilometres of sandy shores, a 45-kilometre bike path, primitive campsites on the shores of Lac Saint-Jean and Rivière Péribonka and the new Camp-de-Touage-Les-Îles sector offers an 80-site campground that can be reached by car and RV, Parc national de la Pointe-Taillon is pure paradise!**

 **Sépaq**  
human nature

# OUR TEAM'S FAVORITES



A

## Swimming and other water sports

Lac Saint-Jean is a true inland sea, whose water warms up quickly in the summer sun. The long, sandy, multicoloured beaches invite you to relax.

In the Pointe-Taillon sector, a large, well-equipped beach features a supervised area, free lounge chairs and umbrellas, and a children's playground. Boats are available for rent: canoes, pedal boats, kayaks and paddleboards. The islands, now part of the park, offer inviting wild beaches.



B

## Cycling

The 45 kilometres of bike paths go all around the peninsula along Lac Saint-Jean and Rivière Péribonka. Easy and accessible to everyone, they traverse beaver and moose habitat.

Along the way, be attentive to signs of wildlife presence! You will also find rest stops and information on the fauna, flora and human history of Pointe Taillon. Don't you have your bike? You can rent one at the park's rental centre. The Véloroute des Bleuets crosses all three sectors of the park.



C

## Wildlife watching

### Keep your eyes peeled!

You will see discreet signs of many animals. You never know when you could encounter a beaver or a moose. To increase your odds, be there at dawn or dusk...



D

## Camping and cabin accommodation

The campsites are true oases, where you can enjoy sandy beaches, the lake's warm water and a peaceful setting. Primitive campsites are accessible via the bike path along Lac Saint-Jean and others along the banks of Rivière Péribonka are accessible via the Péribonka water shuttle. New semi-serviced or 2-service campsites are now available at the Camp-de-Touage campground in Saint-Gédéon

Want to simplify your life? Try one of 30 ready-to-camp Traditional or Étoile tents, which offer all the comfort you need on three campgrounds you can reach by bicycle or vehicle. Another very comfortable option: the new fully equipped Écho cabins with privileged access to Lac Saint-Jean.



PCF



Photos: Sépaq Jean-François Beaulieu, Francis Doucet, François Fabianek, Mathieu Dupuis, Pierre Bernier, Steve Deschênes, Sébastien Larose and Annie Fournier.

# OUR TEAM'S FAVORITES



E

## Péribonka water shuttle

From the village of Péribonka, this service provides water access to the park's bike path and the Pointe-Chevrette and Île-Bouliane campgrounds. The water shuttle is provided by the municipality of Péribonka. This service is intended for cyclists, pedestrians and campers. Parking is located to the right of the gas station, opposite the Peribonka marina. No reservations are required for the water shuttle. Simply go to the Péribonka or Pointe-Chevrette marina to cross to the other side. You can pay at the park entrance or directly aboard the shuttle. Please arrive a few minutes ahead of time.



F

## Navette nautique Tax-Îles

**Daily shuttle service to the islands:** Come enjoy the peacefulness of the islands' beaches for a few hours. Several departures are possible depending on weather conditions.

**Themed cruises:** A guide-interpreter tells you about the area's history, including the presence of First Nations peoples, the log driving era and industrial development while you ride a zodiac around the islands for about to two hours.

**Sunset cruise:** Watching the sunset is a must and so worth seeing! Of course the view from the lake is the most spectacular...

# TRAILS TO DISCOVER

## SITES TO DISCOVER

	LENGTH AND DURATION		DIFFICULTY LEVEL	STARTING POINT
<b>Tour of the park **</b> - Pointe Taillon is a peninsula and thus has water on both sides: on one side is Lac Saint-Jean and on the other Rivière Péribonika. Since the bike path is mostly by the water, you can stop at various rest stops. There are very few hills.	45 km (loop)	3-4h	D	Discovery and Visitors Centre
<b>Pointe Chevrette</b> - This is where one of the last residents of Pointe Taillon, Mr. Chevrette, lived. He had been mandated to reforest the land left fallow after the level of Lac Saint-Jean had been raised and the settlers had left. There is a stopover with a shelter, a campground and the dock for the Péribonka water shuttle.	40 km (round trip)	3-4h	D	
<b>The Lighthouse</b> - This is the site of an old lighthouse, which was used during the timber-floating era. The lighthouse is no longer, but the site is still very beautiful. The lake water here is shallow and warm.	20 km (round trip)	1-2h	I	
<b>Véloroute des Bleuets and crossing the delta</b> - Véloroute des Bleuets, which circles Lac Saint-Jean, is superimposed on the park's bike paths. In both directions, visitors cross the large peat bog, traverse the rolling dunes of the delta and ride alongside Lac Saint-Jean.	15 km (one way)	1-2h	F	North gatehouse or river

\* The durations and levels of difficulty mentioned are indicative and refer to the summer season.

\*\* Most cyclists do not circle the park. Depending on the amount of time you have, you can ride part of the cycling path and come back the same way Remember to bring water!

### LEVEL

**F:** easy    **I:** moderate    **D:** difficult



Dog allowed  
[sepaq.com/animaux](http://sepaq.com/animaux)

Please note that dogs are allowed in certain areas of the Camp-de-Touage sector.

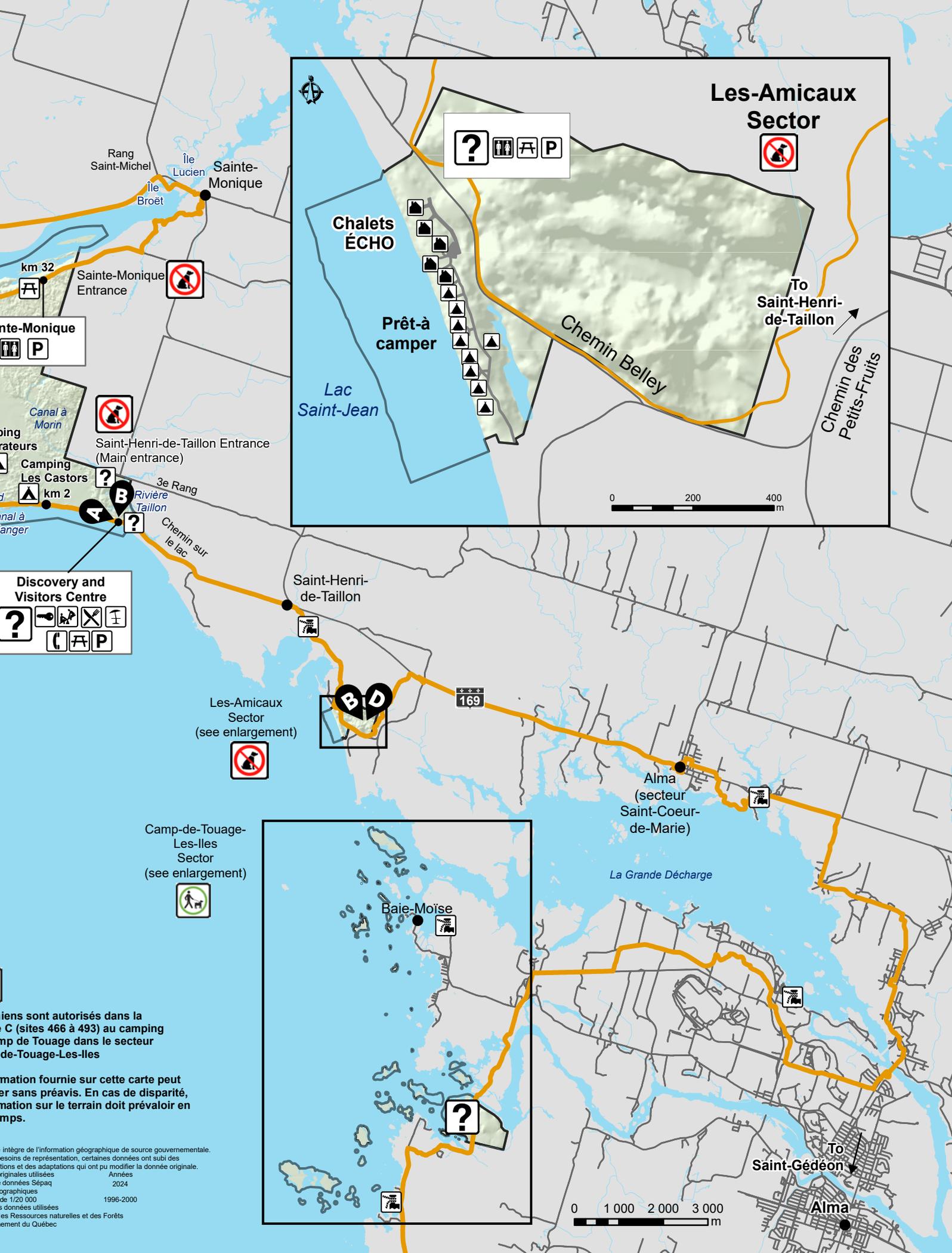


**NEW SECTOR  
NEW OFFERING**



	Registration centre / Information		Parking lot
	Beach activities		Telephone
	Playground		Washroom
	Picnic area		Observation tower
	Camping / Ready-to-camp		Bike path
	Rustic camping		Boat shuttle
	Cabin		Road network
	Rental		Dogs allowed location
	Marina / Landing		National park boundary
	Rest stops		No dog allowed
	Food services		Dog allowed

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Source des...  
Ministère d...  
© Gouvern...



# Les-Amicaux Sector



Chalets ÉCHO

Prêt-à camper

Lac Saint-Jean

Chemin Belley

To Saint-Henri-de-Taillon

Chemin des Petits-Fruits



km 32

Sainte-Monique

Camping Les Castors

Discovery and Visitors Centre

Rang Saint-Michel Île Lucien Sainte-Monique

Île Broët

Sainte-Monique Entrance

Saint-Henri-de-Taillon Entrance (Main entrance)

3e Rang Rivière Taillon

Chemin sur le lac

Saint-Henri-de-Taillon

Les-Amicaux Sector (see enlargement)

Camp-de-Touage-Les-Iles Sector (see enlargement)

Alma (secteur Saint-Coeur-de-Marie)

La Grande Décharge

Baie-Moïse

To Saint-Gédéon

Alma



chiens sont autorisés dans la  
 C (sites 466 à 493) au camping  
 mp de Touage dans le secteur  
 de-Touage-Les-Iles  
 mation fournie sur cette carte peut  
 er sans préavis. En cas de disparité,  
 mation sur le terrain doit prévaloir en  
 mp.

Intégrée de l'information géographique de source gouvernementale.  
 besoins de représentation, certaines données ont subi des  
 tions et des adaptations qui ont pu modifier la donnée originale.  
 originales utilisées  
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 es Ressources naturelles et des Forêts  
 ement du Québec

# RENDEZ VOUS WITH DISCOVERY



## Many ways to access Lac Saint-Jean

Lac Saint-Jean is the third largest lake in Québec. It is real inland sea, and Parc national de la Pointe-Taillon makes it accessible through its three sectors, its islands and its long sandy beaches. It was called Piékouagami (shallow lake or flat lake) by the Innu who gathered on its shores in the summer. The fact that the water is shallow means that it warms up quickly, much to the pleasure of swimmers. Pointe Taillon has always been known for its long beach. This is still one of its main attractions. In the Pointe-Taillon sector, there is a supervised swimming area with a lifeguard, games for children and non-motorized boat rentals (recreational

kayaks, paddle boards and canoes). Over time, the offer has diversified. The bike paths and accommodations near the sandy shores allow you to enjoy the beauty and tranquility of the park and privileged contact with Lac Saint-Jean.

### Family experience Yippee, it's absolutely free!

For young people 17 years of age and under, access, accommodations, and equipment loans are absolutely free of charge.

The offer varies from one establishment to another.



### Take advantage of the bike trails to explore the area.

## Discover the park by bicycle

A cycling path of over 40 km encircles the peninsula of the Pointe-Taillon sector. Cycling is the best way to explore the territory. Being relatively flat, the cycling path is easy for all age groups. Various halts are accessible for taking a break, admiring the scenery and discovering the secrets of the fauna, flora and history. Without needing to be a specialist, you will be able to see many signs of beaver and moose presence. You may even have the

chance to observe them in their habitat; otherwise they may be quietly observing you...

Carnivorous plants can be seen in large peat bogs, ponds, marshes and aquatic grass beds. If you meet a naturalist or read the interpretive panels, you can also learn about human history and many other topics. Bicycles are available for rent, and the cycling paths also accommodate walkers.





## The three sectors

Since 2017, the park has been enriched with two more sectors that allow the park to fulfill its protection mission and make a sample of the natural region of the Saguenay-Lac-Saint-Jean lowlands accessible to the public. In addition to providing access to Lac Saint-Jean, the Véloroute des Bleuets also crosses the three sectors.

## The Pointe-Taillon sector

Beach, cycling and camping. Now that's a fun-filled combo! Primitive and ready-to-camp sites on the shores of Lac Saint-Jean are accessible on foot or by bicycle.

## Les-Amicaux sector

This sector features an unsupervised beach, cabins and ready-to-camp tents. It's easy to see why these accommodations are so popular, since they are very close to the long sandy beach and have a view of the lake.



## Camp-de-Touage-Les-Îles sector

The opening of this new sector is the culmination of a long process initiated by the local milieu, aimed at integrating and protecting new public territories inside the boundaries of Parc national de la Pointe-Taillon. The Camp-de-Touage-Les-Îles sector is located in the municipality of Saint-Gédéon at the confluence of Baie des Cauchon and Rivière La Petite Décharge. This magnificent campground on the edge of Lac Saint-Jean features a beautiful shoreline dotted with small sandy beaches that are separated from the others by rocky headlands. It also includes some thirty islands and islets within the boundaries of Ville d'Alma and the municipality of Saint-Gédéon. A mosaic of landscapes, this archipelago, recognized for its ecological value, is full of habitats for many plant and animal species.

Camp-de-Touage campground offers 80 campsites. It includes 10 ready-to-camp sites, 26 semis-serviced sites for tents and RVs, as well as 44 2-service sites (water and electricity). Over the next several years, the islands will be enhanced with campsites and facilities for day visitors. You can get there with your own boat or take the water shuttle.



## IN THE WILD, YOUR SAFETY IS YOUR RESPONSIBILITY

### Outdoor activities can involve certain risks.

Always be sure to have the skills and abilities required for the activity you choose. It is very important to find out about the risks involved in the activity, to know and respect your own limits and to use appropriate equipment. Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities.

**For more information, visit our website at [sepaq.com/security](http://sepaq.com/security)**

## DISCOVERY ACTIVITIES

**Consult the program to enrich your visit.** (in French only)

You will find entertaining activities to explore the park from every angle.



# CONSERVE FOR TOMORROW



## Thoughtful development

Before the development of activities the construction of infrastructure or the establishment of a service at a national park, an ecological characterization of the site is carried out to make sure that no fragile habitats, endangered species or unique natural environments will be disturbed. For the past several years, park wardens and plant and animal specialists have been exploring the islands to ensure that park activities and future facilities will respect their fragile natural balance. As is the whole protected area, the islands are part of the Ecological Integrity Monitoring Program, which aims to evaluate the national park's state of health.

## Shoreline erosion

In the national park, shoreline erosion is the main conservation issue. Erosion threatens both the special habitats that make Pointe Taillon a national park and the access infrastructures that are an integral part of its mission. Since 2002, the loss of shoreline caused by erosion has been monitored and documented through an indicator from the Ecological Integrity Monitoring Program for the Parcs Québec Network. The information collected is used to devise ways to protect wetlands or sensitive habitats, such as Lac Askeen and the peat bogs.



## Wildlife disturbances

The mission of the national parks is to preserve exceptional territories and make them accessible. Although the facilities and activities offered in the national parks aim to minimize impact on the natural environment, the fact remains that visitor presence does have an effect on plant and animal life. To assess the impact of eventual winter activities at Parc national de la Pointe-Taillon, knowledge acquisition projects are underway. For example, we are trying to find out if and how the presence of visitors and maintenance equipment on the cycling path would influence moose behaviour.

## 5 good practices to adopt in nature

### Our national parks

Given the millions of visits to our national parks annually, harmful behaviors can cause permanent damage to the environment and negatively impact the experience of other visitors. Let's do our part to care for these extraordinary nature sites so we can all enjoy them for years to come.



#### Stay on trails and in designated visitor areas

Taking shortcuts can destroy vegetation.



#### Do not gather dead wood\*

To preserve the natural environment, it is prohibited to remove natural elements, including animals, plants, dead wood, and rocks.



#### Do not feed wildlife\*

Feeding wildlife negatively impacts their natural feeding habits. Keep all food out of reach of animals.



#### Keep your distance when observing wildlife

When animals are repeatedly disturbed, their natural behaviors can change, and they can develop problems to feed, find a mate, and communicate among themselves.



#### Respect the peace and tranquility, and comply with curfews

People come to national parks to relax and enjoy nature. Please respect curfews and avoid playing music at all times.

\*Failure to comply with rules governing parks and authorized activities is considered a violation of the *Parks Act* and *Parks Regulation*.

