

**SÉPAQ**

# PARC NATIONAL DU MONT-ORFORD

**Protected area. Enriching nature experiences.**

**Offering mountainous terrain, an impressive diversity of habitats, and where the Mont-Orford Massif takes centre stage, this is the protected territory you are about to discover. Created in 1938, the park offers an abundance of outdoor activities to be discovered year-round, all while playing an active role in the conservation of the natural environment.**



# OUR TEAM'S FAVORITES



A

## Beautiful Stukely Lake

A magnificent lake open to a range of activities, with crystal clear water and stunning landscapes. From the beach, you'll admire the Chauve mount along with the small island at its base. On the water, you'll get up close to the Mont-Orford Massif and Miner Island.



B

## A Biodiverse Bog

The Fer-de-Lance pond hides a peat bog that collects highly mineralized groundwater and runoff water. Its specific ecological conditions make it suitable for vegetation that is common to marsh habitats. Come take a break in this natural masterpiece from the lookout.



C

## Destination: Mont-Chauve

Hike along this magnificent trail and trek to the summit of the Chauve mount, which climbs to an elevation of nearly 600 metres. From there, you'll have a bird's eye view of Stukely Lake. A wonderful and beginner-friendly mountain hike that you can enjoy in both summer and winter.



D

## Wind Through the Forest

Explore the singletrack trails and ride through a range of forest environments. You'll love the experience!



E

## Conquer the Crêtes

Are you a recreational hiker who enjoys daunting challenges? Set out to conquer the ridges and reach the summits of the Mont-Orford Massif! From the Pic de l'Ours, you'll have a breathtaking 360-degree view of the region.





















F

## Winter in the Park

The park attracts winter sports enthusiasts of all levels. Activities include cross-country skiing, snowshoeing, fat biking and winter hiking. You'll marvel at the beauty and peacefulness of the surroundings.

# DISCOVER OUR TRAILS

HIKING TRAILS		LENGTH*	DURATION*	LEVEL OF DIFFICULTY*	ELEVATION	STARTING POINT
   	<b>Trois-Étangs Trail</b> – Take a bike path that meanders along three of the park's ponds: de l'Ours, de la Cuvette and Martin.	5.5 km Loop	2 h	E	50 m	Le Cerisier Discovery and Visitors Centre
	<b>Le Pékan</b> – Go as far as Le Castor hut while visiting the Colline des Pins and the Colline de la Serpentine.	9.4 km Round trip	3 h 15	I	95 m	
	<b>Les Crêtes</b> – Set out to conquer the ridges and reach the summits! This is a spectacular hike that will lead you to Mont-Orford!	18.7 km Loop	9 h	H	455 m	Le Bonnalie Visitors Centre
	<b>L'Escalier-du-Nord</b> – Climb the Mont-Orford Massif to Pic de l'Ours by way of Pic de la Roche-Fendue.	12 km Round trip	6 h	H	455 m	
   	<b>L'Étang-Fer-de-Lance</b> – A pleasant hike through a maple grove leading to a lookout over a superb panorama. <b>WARNING: To protect the natural environment, dogs are not permitted at the lookout.</b>	3.5 km Loop	1 h 15	E	50 m	
 	<b>Le Mont-Chauve</b> – Hike along this magnificent trail and trek to the unobstructed summit of Mont Chauve, which climbs to an elevation of nearly 600 metres.	10.6 km Loop	4 h	I	310 m	Parking area at Érablière Municipal Park
	<b>Le Ruisseau-David</b> – A gentle climb to the summit of Mont Chauve.	9 km Round trip	3 h 30	I	290 m	
	<b>Le Ruisseau-des-Chênes</b> – Follow this trail along the Des Chênes stream. A magnificent hike through an oak and beech tree forest that will lead you to Mont-Orford.	9.4 km Round trip	4 h	H	410 m	Route 112
*Distances, duration and levels of difficulty are given for reference for round trips in the summer. The durations do not include breaks.				<b>E:</b> Easy <b>I:</b> Intermediate <b>H:</b> Hard		
 Geocaching courses  Discovery panels  Family experience  Dogs allowed - <a href="https://sepaq.com/animaux">sepaq.com/animaux</a>						

## Supervised access for dogs main rules\*

**Compliance with the regulations is essential.**  
**The offer could be reviewed if non-compliance is noted.**

- Dogs must remain in the places where they are authorized at all times.
- Dogs must be kept on a leash and under surveillance at all times.
- The person in charge of the dog must pick up the animal's excrement without delay.
- Barking or howling dogs as well as dogs affecting the tranquility and safety of other visitors are not allowed.

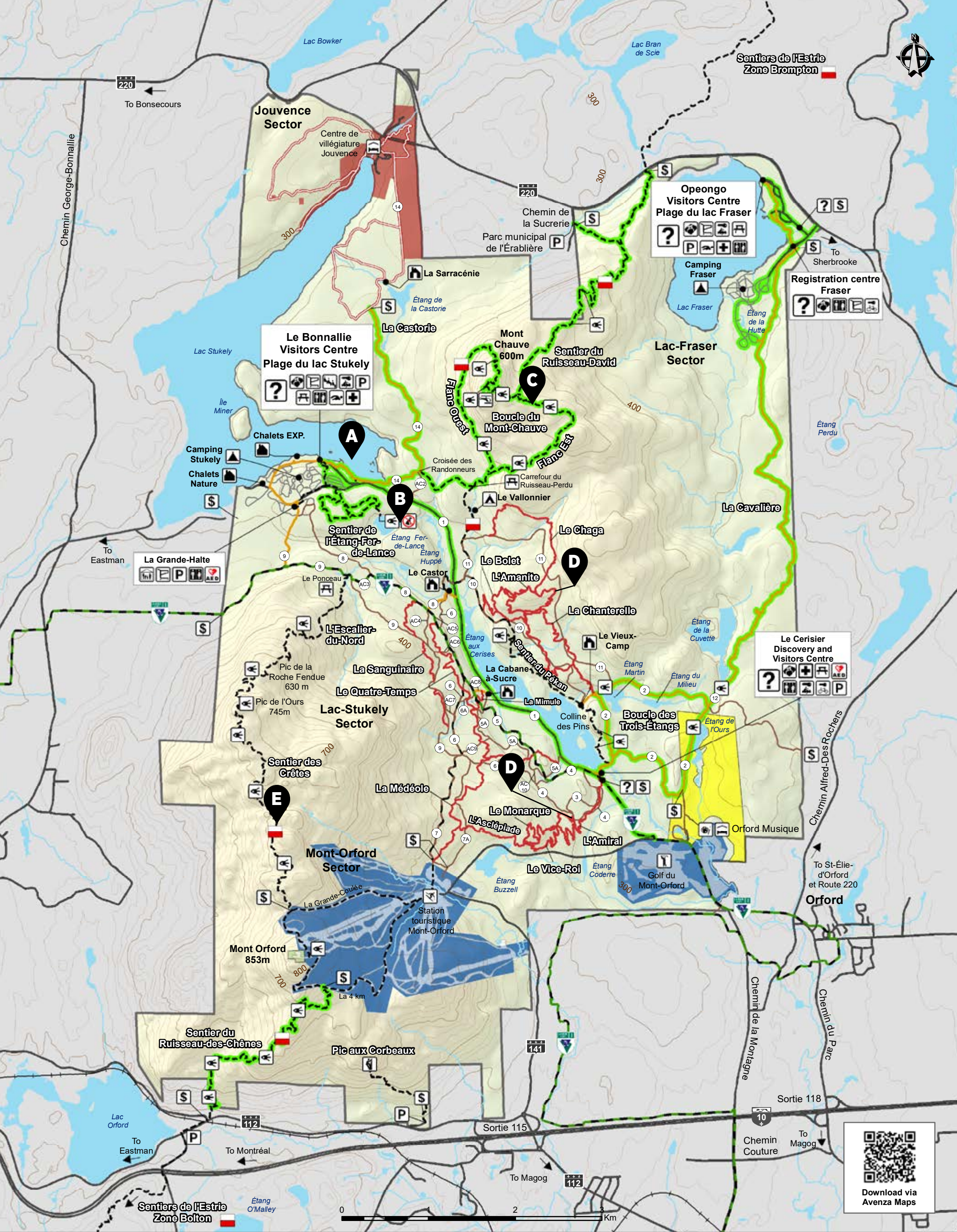
\* Individuals who fail to comply with any of the rules stated may be required to leave the area and/or issued a statement of offence, where appropriate.

## Authorized places in summer

<b>Trails</b>	Le Ruisseau-David, Le Ruisseau-des-Chênes, La Boucle du Mont-Chauve and L'Étang-Fer-de-Lance
<b>Bike paths</b>	La Castorie, La Cavalière and La Boucle-des-Trois-Étangs
<b>Camping</b>	<b>Lac-Stukely campground:</b> Le Frêne and Le Cèdre loops <b>Lac-Fraser campground:</b> Le Colvert, Le Branchu and La Bernache loops
<b>Nautical access point</b>	Rental centres: Lac-Stukely and Lac-Fraser sectors







- Registration centre / Information
- Amphitheatre
- Self registration post
- Shop
- Semi-serviced camping
- Rustic camping
- Arts Centre
- Alpine ski centre
- Cabin

- No dog allowed
- Automated external defibrillator
- Convenience store
- Rock climbing
- Golf
- Rustic accommodation
- Heliport
- Hotels
- Boat rental

- Bike rental
- Picnic
- Lifeguard on duty
- Lookout
- First aid
- Community hall
- Parking lot
- Sentiers de l'Estrie

- Bike path
- Route verte
- Trail
- Mountain bike path
- Dogs allowed location
- Jouvence trail
- Forest road
- Road network
- Railway track
- National park boundary

Territory under lease from the Ministère de l'Environnement, de la Lutte contre les changements climatiques, de la Faune et des Parcs

- Territory managed by Corporation Ski & Golf Mont-Orford
- Territory managed by Jouvence, base de plein air inc.
- Territory managed by Orford Musique
- Télé-Québec antennas

L'information fournie sur cette carte peut changer sans préavis. En cas de disparité, l'information sur le terrain doit prévaloir en tout temps.

Les altitudes sont exprimées en mètres.

Cette carte intègre de l'information géographique de source gouvernementale. Pour des besoins de représentation, certaines données ont subi des transformations et des adaptations qui ont pu modifier la donnée originale.

Données originales utilisées : Banque de données Sépaq, Cartes topographiques à l'échelle de 1/20 000, Source des données utilisées : Ministère des Ressources naturelles et des Forêts

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# DISCOVERY TIME



Huppé Pond

## Geocaching

What better way to explore a trail than by a modern-day treasure hunt! Geocaching is a way to discover the park, its history, and natural features. To take part in this activity, you'll need a GPS device or smart phone with a built-in GPS to navigate your way to a geocache. Each geocache is located less than one metre from established park trails and infrastructures.

## Explo

### A game for young adventure seekers

This geolocation game offers kids a fun way to get moving all while discovering Québec's national parks. Free-of-charge, the app will transform a simple hike into an exciting quest, with various nature-related challenges along the way.

Download the Sépaq Explo app at the App Store® or Google Play Store™.



## DISCOVERY ACTIVITIES

Consult the program to enrich your visit. (in French only)

You will find entertaining activities to explore the park from every angle.



## Self-Guided Excursions

### L'Étang Fer-de-Lance

A pleasant hike through a maple grove leading to a lookout of Fer-de-Lance pond and the Mont-Orford Massif. You'll find 12 discovery panels along this trail to help you learn more about these fascinating environments!

### Aux Cerises Pond Ecotour

Grab a canoe and follow the self-guided tour to explore the Aux Cerises pond. The Aux Cerises pond inspires a sense of calm and relaxation. Distinctive aquatic plants and discreet wildlife (and lots of it!) are yours to discover!

Possibility of renting a canoe or kayak from the Le Cerisier Discovery and Visitors Centre.

### NEW THIS YEAR!

### Trois-Étangs Loop

With its diverse habitats, Trois-Étangs is the perfect spot for encounters with the natural world. Discover the area's inhabitants through this **new series of 7 interpretive panels**.

### Les Crêtes Trail

Climb the Mont-Orford massif and discover this **new series of 12 interpretive panels** showcasing the area's abundant natural environment.

### Mont-Chauve Loop

Hike along this magnificent trail and discover the **new series of 10 interpretive panels** that reveal the hidden face of the mountain's bare cliff.

## Let us Take you Away...

Share in our park warden's passion for the territory and its protected natural areas. Whether it's an evening talk at Le Bonnalie Visitors Centre, meet at the beach or a hiking guided tour, you'll enjoy discovering the park's beauty. Little ones won't be left out with a range of activities that have been specially designed with them in mind.







## Explore the Park by Bike



### LA CAVALIÈRE

Ride your bike from the Le Cerisier Discovery and Visitors Centre to Opeongo Visitors Centre (Lac-Fraser sector), **an easy 10.6-km trail (one-way)** through an enchanting forest.

### TROIS-ÉTANGS LOOP

**A beautiful and easy 5.5-km path for the whole family.** The trail starts at the Le Cerisier Discovery and Visitors Centre and meanders through several types of forests. Viewpoints also dot the trail at three of the park's ponds: de l'Ours, de la Cuvette and Martin.

### LA CASTORIE

**A technical trail** starting at Le Bonnalie Visitors Centre that will lead you to Castorie Pond (**8.5 km round-trip**).

### LA ROUTE VERTE

A stretch of the Route verte, the vast network of bike paths that criss-cross Quebec, cuts through **nearly 7.4 km** of the park. Experience is required due to its **level of difficulty**.

## Mountain Biking

Ride through the forests of the Étang-aux-Cerises valley on the park's network of singletrack mountain bike trails.

Get moving while discovering the park's thirteen trails totalling nearly 25 kilometres and offering levels of difficulty ranging from easy to difficult.

Fees apply for access to dedicated mountain biking trails. **You must purchase your daily ticket on site.** Park access fees are also applicable.

**Pick up a trail map** at the Le Cerisier Discovery and Visitors Centre or by downloading the Avenza Maps mobile app on your device (at the App Store<sup>MD</sup> or Google Play Store<sup>MC</sup>).

**Fatbikes and mountain bikes are available to rent based on availability.**

**Where?** Le Cerisier Discovery and Visitors Centre  
Lac Fraser registration centre

## Water Activities and Equipment Rentals

Parc national du Mont-Orford is proud to offer visitors numerous water activities set in truly magical surroundings. The beaches of Stukely and Fraser lakes are perfect for swimming and boast beautiful water quality, exceptional landscapes, and a variety of activities to choose from.

**Canoe, kayak, pedal boat, stand-up paddle and rowboat are available for rent.**



## IN THE WILD, YOUR SAFETY IS YOUR RESPONSIBILITY

### Outdoor activities can involve certain risks.

Always be sure to have the skills and abilities required for the activity you choose. It is very important to find out about the risks involved in the activity, to know and respect your own limits and to use appropriate equipment. Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities.

**For more information, visit our website at [sepaq.com/security](http://sepaq.com/security)**

## Family Experience Yippee, it's absolutely free!

For kids 17 years of age and under, access, accommodations, and certain equipment loans are free of charge.

The offer varies from one establishment to another.



# CONSERVE FOR TOMORROW

## Emerald Ash Borer!

It's official... The emerald ash borer has found its way into the Parc national du Mont-Orford. This highly publicized invasive insect from Asia has been wreaking havoc since it arrived in North America in 2002. This critter, transported on firewood and contaminated wood residue, has spread to our doorstep. **At the park, we monitor where the wood comes from that we sell to visitors.**

**To help protect the park's forests, we ask that you not bring your own firewood into the park.**



Invasive Exotic Species Control Team

## Alien and Invasive!

Did you know that controlling invasive exotic species is a major component of the Parc national du Mont-Orford's conservation plan? To prevent the most damaging and aggressive species such as the Eurasian watermilfoil and common reed from gaining ground, the park is continuing its control and education efforts. Together, we can make a difference!

**Please remember to check that your boat is clean and free of plant debris before launching it into the water. This small precautionary measure is important to avoid transporting unwanted plants from one body of water to another.**

## Caught on Film

**Did you know that studies are underway in the park?** University researchers are gathering information on animals' habits in response to human presence and different types of activities. The cameras installed in different sectors have made it possible to capture numerous sightings!



Bobcat

## Our national parks

**Given the millions of visits to our national parks annually, harmful behaviors can cause permanent damage to the environment and negatively impact the experience of other visitors. Let's do our part to care for these extraordinary nature sites so we can all enjoy them for years to come.**

## 5 GOOD PRACTICES TO ADOPT IN NATURE



### Stay on trails and in designated visitor areas

Taking shortcuts can destroy vegetation.



### Do not gather dead wood\*

To preserve the natural environment, it is prohibited to remove natural elements, including animals, plants, dead wood, and rocks.



### Do not feed wildlife\*

Feeding wildlife negatively impacts their natural feeding habits. Keep all food out of reach of animals.



### Keep your distance when observing wildlife

When animals are repeatedly disturbed, their natural behaviors can change, and they can develop problems to feed, find a mate, and communicate among themselves.



### Respect the peace and tranquility, and comply with curfews

People come to national parks to relax and enjoy nature. Please respect curfews and avoid playing music at all times.

\*Failure to comply with rules governing parks and authorized activities is considered a violation of the *Parks Act* and *Parks Regulation*.



Parc national  
du Mont-Orford



PCF



[sepaq.com/montorford](http://sepaq.com/montorford)

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