

SÉPAQ

# PARC NATIONAL DE LA JACQUES-CARTIER

Protected area. Enriching nature experiences.

Only 30 minutes from Québec City, the spectacular Jacques-Cartier Valley is yours to discover. In the heart of this protected area, a majestic river meanders smoothly with a few turbulent rapids. The breathtaking landscape lends itself to contemplation and adventure so as to make the most of Nature's gifts!

 **Sépaq**  
human nature

# OUR TEAM'S FAVORITES



A

## La Brunante River Ride

Experience an enchanting downriver run as twilight falls. Two river guides on board will give you tips on navigating whitewater, then you will set off to contemplate the scenery.

**Reservation is mandatory at 1-800-665-6527.**



B

## The Curious' Trail

Indulge your curiosity along this path and explore the history of Parc national de la Jacques-Cartier over time, by taking on a series of unusual challenges!

Meet up at the Belleau Picnic site.



C

## Rabaska-Shelter Combo

To find out all about the origins of the park and discover its magnificent landscapes on land and water, combine the *Beneath the Giant Rocks* and *Follow the Current in a Rabaska Canoe* guided activities. **Reservation is mandatory at 418-848-3169 #6.**



D

## Mini-Raft

The mini-raft is the watercraft of choice to explore the lively waters of the Jacques-Cartier River with family and friends. Terrific fun for everyone!

**Reservation is mandatory at 1-800-665-6527.** Details on page 7.



E

## Winter Trails

When winter sets in, more than 94 km of trails are yours to explore at the Park. You will be overwhelmed by spectacular landscapes!

Details available at: [sepaq.com/jacquescartier](http://sepaq.com/jacquescartier)



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## Winter Discovery Activities

Join naturalist park wardens and take part in stimulating winter activities!

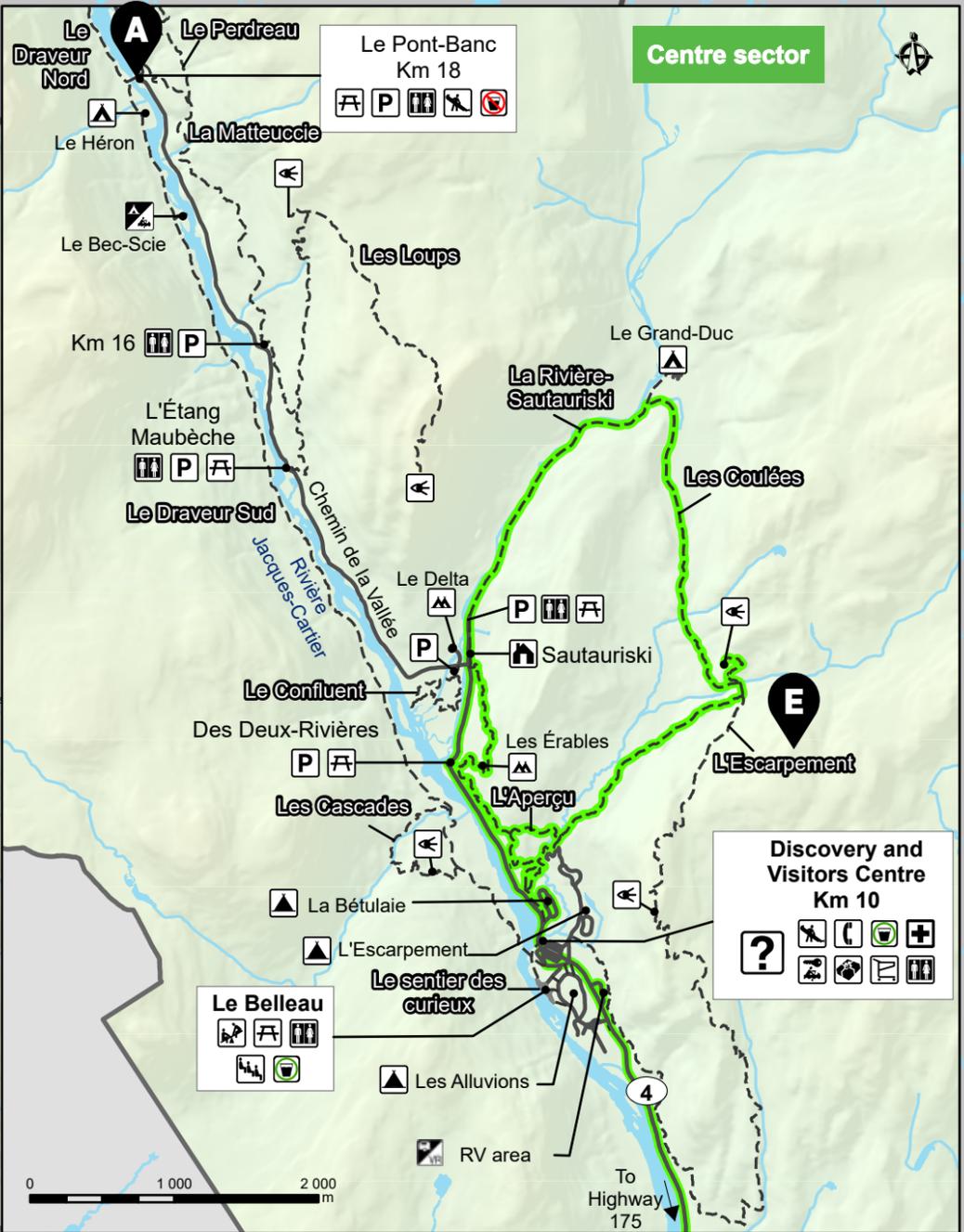
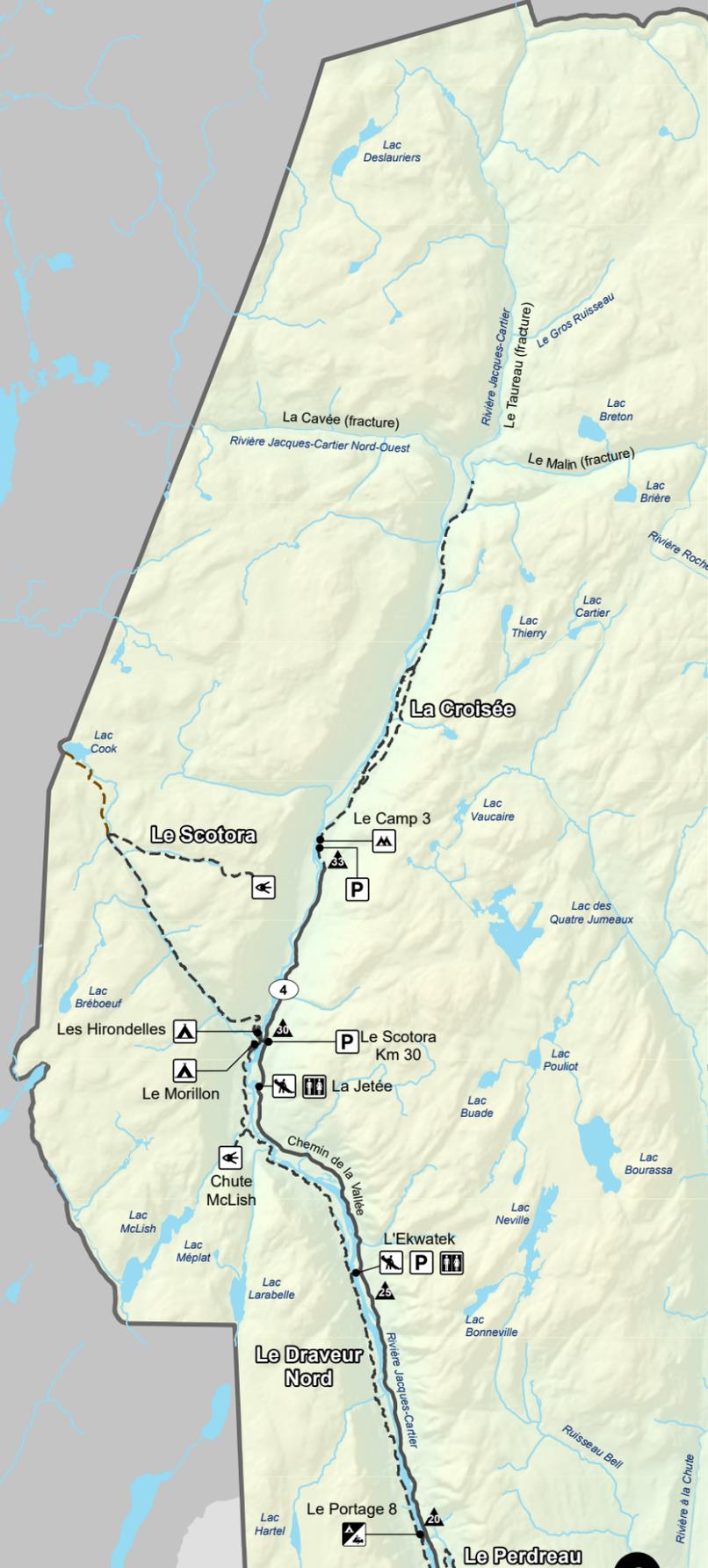
# DISCOVER OUR TRAILS



		LENGTH AND DURATION*	LEVEL	DEPARTURE POINT		
		<b>La Mésange</b> – Hike this short trail alongside massive maple and birch trees towering above lush undergrowth.	2.6 km loop	45 min	●	Km 0
		<b>La Rivière-Cachée</b> – After crossing the footbridge over the turbulent Cachée River, discover a charming view of the Jacques-Cartier River.	3,4 km round trip	1 ¼ h	●	Km 0
		<b>La Tourbière</b> – This short hike is filled with sights worth seeing! Visit a peat bog, a fir stand and a yellow birch forest.	2.9 km loop	1 h	●	Km 3
		<b>L'Éperon</b> – Discover the L'Éperon Mountain, hike along the meandering river and take in a succession of breathtaking views of the valley. Featuring a 210-metre elevation.	5.4 km loop	2 ¼ h	■	Km 3
		<b>La Rivière-à-l'Épaulé</b> – Reach the À L'Épaulé sector by taking this trail: a worthy challenge for mountain bike enthusiasts.	40 km round trip	5 ½ h	◆	Km 3 or À L'Épaulé Sector
		<b>L'Aperçu</b> – Hike along the magnificent surroundings of the Belleau brook for a thrilling outing full of discoveries.	2.2 km loop	45 min	●	Km 10
		<b>Les Cascades</b> – Cool sounds and an exhilarating visual experience await you on this trail running next to a cascading brook.	4 km loop	1 ½ h	●	Km 10
		<b>Le Draveur Sud</b> – Hike this forest trail and make a refreshing stop along the banks of the Jacques-Cartier River.	14.8 km round trip	5 h	■	Km 10 or Km 18
		<b>Les Coulées</b> – Follow the valley of the Belleau Brook to a viewpoint from where you can discover the splendours of the Laurentian Mountains landscape. Featuring a 210-metre elevation.	10.4 km loop	3 ½ h	■	Km 10
		<b>L'Escarpelement</b> – Hike Les Coulées along a 2.6-km trail, then through lush undergrowth up a steady rise to reach an exceptional vantage point of the valley from a 350-metre elevation.	11.2 km loop	4 h	◆	Km 10
		<b>La Rivière-Sautauriski</b> – Let the Sautauriski River work its charm, at times still, other times tumultuous and at times stony, other times sandy. This habitat is perfect for Atlantic salmon.	Hiking: 4.8 km round trip	1 ½ h	●	Km 12.5
			Biking: 10 km round trip	1 h		Km 10
		<b>Le Confluent</b> – Explore a delta teeming with life and discover the rich diversity of terrestrial, wetland and aquatic habitats.	1.7 km loop	35 min	●	Km 12.5
		<b>Les Loups</b> – Breathtaking! See the most striking fractures of the Laurentian massif and the spectacular Jacques-Cartier and Sautauriski valleys. Featuring a 447-metre elevation.	1st Observation Deck 5 km round trip	2 h	◆	Km 16
			2nd Observation Deck 11 km round trip	3 ½ h		
		<b>La Matteucie</b> – Link the Le Perdreau and Les Loups trails by making your way through lush undergrowth and fern.	4.8 km round trip	1 ½ h	■	Km 16 or Km 18
		<b>Le Perdreau</b> – Starting with a steep climb, set off to discover the mysterious Buvard Lake and hike through splendid maple groves.	5.4 km loop	1 ¾ h	■	Km 18
		<b>Le Draveur Nord</b> – Take in the full beauty of the Jacques-Cartier River and combine magnificent viewpoints of the valley and striking rock faces. Perhaps you will encounter a moose!	24.8 km round trip	8 ½ h	■	Km 18 or Km 30
		<b>Le Scotora</b> – Climb the Scotora trail to reach the Park's western plateau. Follow a long stream where colonies of beavers thrive and make your way to the top of Mont Andante to take in a spectacular view of the valley gorges. Featuring a 405-metre elevation.	16 km round trip	5 ¾ h	◆	Km 30
		<b>La Croisée</b> – Take in the magnificent view of the peaceful landscape afforded by the Jacques-Cartier River and the high steep walls of the valley.	15.8 km round trip	4 ½ h	■	Km 33

\*Durations and levels of difficulty indicated are for information purposes only and apply to the summer season.

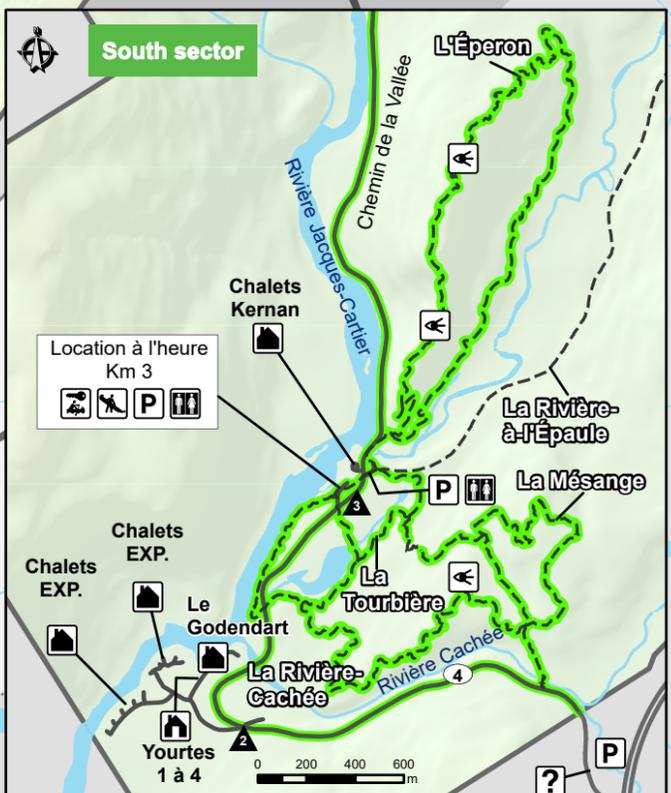
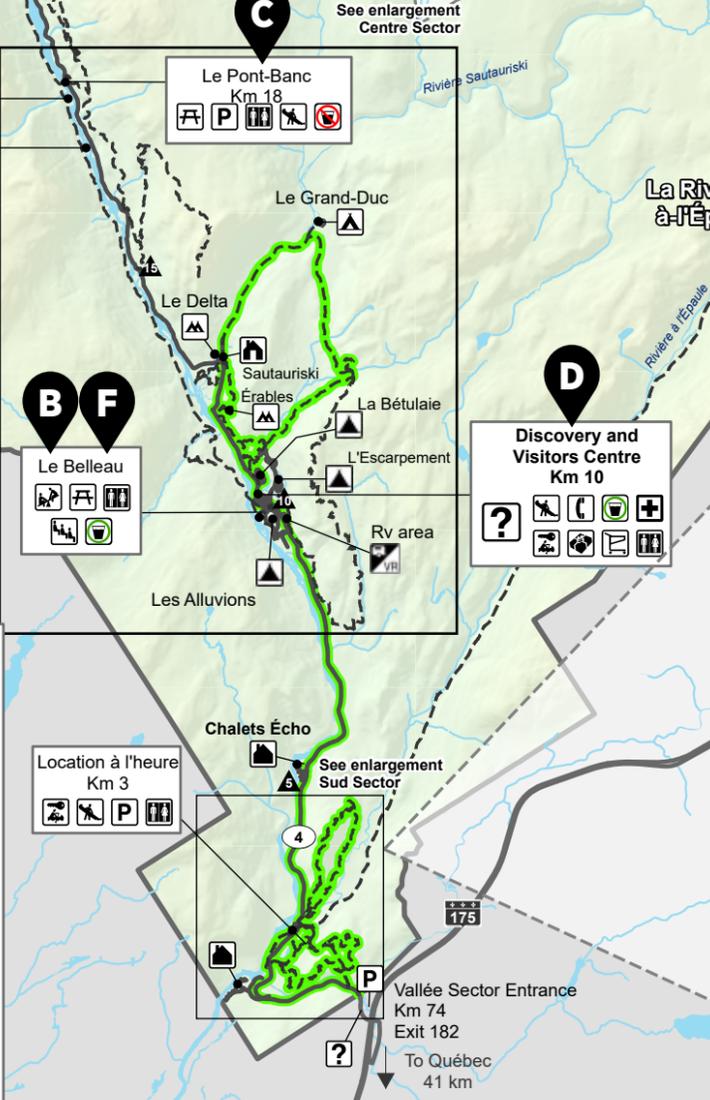
● Beginner ■ Intermediate ◆ Advanced



Download via Avenza Maps

L'information fournie sur cette carte peut changer sans préavis. En cas de disparité, l'information sur le terrain doit prévaloir en tout temps. Cette carte intègre de l'information géographique de source gouvernementale. Pour des besoins de représentation, certaines données ont subi des transformations et des adaptations qui ont pu modifier la donnée originale. Données originales utilisées Banque de données Sépaq Années 2024 Cartes topographiques à l'échelle de 1/20 000 1996 Source des données utilisées Ministère des Ressources naturelles et des Forêts © Gouvernement du Québec

- |  |                                   |  |                                  |
|--|-----------------------------------|--|----------------------------------|
|  | Registration centre / Information |  | Canoe launch                     |
|  | Playground                        |  | Picnic                           |
|  | Amphitheatre                      |  | Lookout                          |
|  | Shop                              |  | First aid                        |
|  | Semi-serviced camping             |  | Parking lot                      |
|  | Group camping                     |  | Telephone                        |
|  | Rustic camping                    |  | Washroom                         |
|  | Canoe-camping                     |  | Road network                     |
|  | Cabin                             |  | Trail                            |
|  | Convenience store                 |  | Fishing trail access             |
|  | Drinking water                    |  | Dogs allowed sector              |
|  | Not drinking water                |  | Kilometer reference point        |
|  | RV area                           |  | National park boundary           |
|  | Rustic accommodation              |  | Réserve faunique des Laurentides |
|  | Nautical rental                   |  |                                  |



# TIME FOR DISCOVERY

## The Mysteries of the Night

If you are fascinated by the night, experience evening hiking and learn how living creatures adapt amazingly to darkness. Who prowls at night? Who sleeps? Who hunts, where and how? By the light of a lantern, let the stillness of a sleeping forest envelop you...

Reservation required:  
**1-800-665-6527**

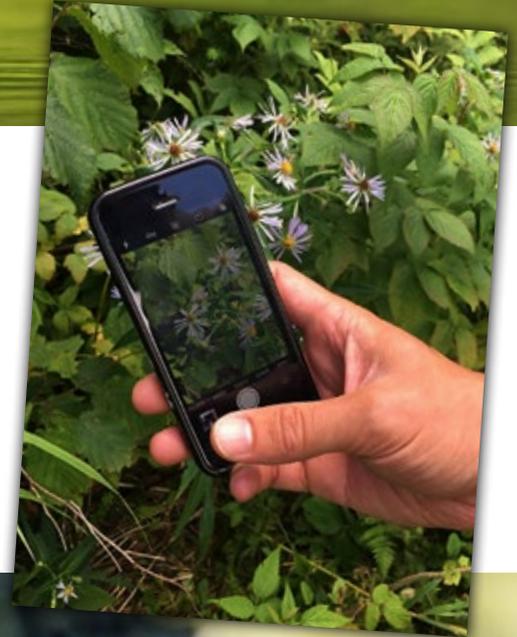
**Age: 10 and over**



## Mission Recherche

### Ready for a *Mission Recherche*?

A naturaliste park warden invites you to take up challenges on citizen science. Use your passion for nature and discover tools that could be useful for your next adventures in the forest. A cell phone or digital camera is required for this activity.



## Small Critters, Wide Diversity

Armed with a net, a naturalist park warden set out to explore a pond teeming with life and collect some samples. Come and help the warden inventory the amazing creatures that he has found!

This activity also provides a great opportunity to look for insects in the river on your own. Bring along your waterproof footwear, a spoon and a small container. The naturalist park warden will help you to identify your finds.



## The Return of Jack Carter

Breaking: a camper is in trouble in the park! Learn how to find your way in the woods using a GPS and set out in search of clues that will allow agent Jack Carter to complete his investigation. Teamwork fosters mutual aid and cooperation.

## DISCOVERY ACTIVITIES

**Consult the program to enrich your visit.** (in French only)

You will find entertaining activities to explore the park from every angle.



# DOWNRIVER RUNS

**GUIDED DOWNRIVER RUNS ARE AVAILABLE.  
GET INFORMATION!**

## Downriver Runs | Reservation mandatory (at least 24 hr in advance) 1-800-665-6527

### SELF-GUIDED DOWNRIVER RUNS (from June to September)

**IMPORTANT!** Departures with shuttles: You must show up at the Watercraft Rental Centre **45 MINUTES PRIOR TO DEPARTURE.**

DOWNRIVER RUNS	DEPARTURES WITH SHUTTLES	LENGTH AND DURATION	LEVEL OF DIFFICULTY	DESCRIPTION	WATERCRAFT	RATE* Watercraft and shuttle
Jetée	8:45 a.m.	19 km 4 to 5 h	Challenging Run	A combined run of 19 km featuring a 7.5-km spectacular section followed by a series of 10 Class I to III rapids (children over 12)	Canoe	\$101.25
					Inflatable Canoe	\$88.75
					Solo Kayak	\$73
					Tandem Kayak	\$109
Ekwaterk	9:30 a.m.	15 km 3 to 4 h	Challenging Run	A combined 15-km run: Featuring a smooth, scenic section followed by a series of 8 class I to III rapids (children over 12)	Canoe	\$93
					Inflatable Canoe	\$80.50
					Solo Kayak	\$68.75
					Tandem Kayak	\$100.75
Pont-Banc	11:15 a.m. and 1:30 p.m.	8 km 1½ to 2 h	Challenging Run	White water run of 8 km featuring 4 Class I to III rapids  Children over 12 (canoe and kayak) Children over 5 (mini-raft)	Canoe	\$64.75
					Inflatable Canoe	\$55.75
					Solo Kayak	\$48.50
					Tandem Kayak	\$70.25
					5-Place Miniraft	\$113.75
7-Place Miniraft	\$163.50					
Maubèche Air Tubes	10:15 a.m., 2:15 p.m. and 3:00 p.m.	5 km 1 to 1¼ h	Sightseeing Run	Downriver run for air tubes only  A calm run featuring smooth current to simply drift along the river (children over 5)	Air Tube	\$21

\*Schedule may vary. Please confirm at the Discovery and Visitors Centre. Park entry fees and taxes are extra.



## Calm Water Ride | No reservation

### HOURLY RENTAL (KM 3)

Canoe	\$19
Inflatable Canoe	\$14.50
Sand Up Paddling	\$18.50
Solo Kayak	\$17.50
Tandem Kayak	\$21.75



## IN THE WILD, YOUR SAFETY IS YOUR RESPONSIBILITY

### Outdoor activities can involve certain risks.

Always be sure to have the skills and abilities required for the activity you choose. It is very important to find out about the risks involved in the activity, to know and respect your own limits and to use appropriate equipment. Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities.

**For more information, visit our website at [sepaq.com/security](http://sepaq.com/security)**



Dogs are not allowed in watercrafts.

## Family Experience Yippee, it's absolutely free!

For kids 17 years of age and under, access, accommodations, and certain equipment loans are free of charge.

The offer varies from one establishment to another.



# CONSERVE FOR TOMORROW

## Notice to paddlers!

The Jacques-Cartier River is home to several species of fish, including brook trout and Atlantic salmon. Riverbank erosion impacts the quality of their habitat. So using the boat launches provided at the Park and not trampling vegetation on the shoreline are helpful ways to prevent erosion. Along the same lines, it is forbidden to land on the islands, as they are also nesting sites for a number of bird species.



## Keep your snacks to yourself

Animals find in their natural surroundings the food that they need. Human food is unsuitable for them. Animals may become vulnerable if they come to depend on the food humans give them. They get to be less fearful of humans with the lure of food, which is likely to lead to conflict and even danger. The behaviour of animals changes whenever their natural activities are disturbed, potentially jeopardizing their survival.

**So if a wild animal seems friendly and attracted to your food, do it a favour: scare it away!**

## Notice to anglers!

**Don't forget to leave your catch of the day record before leaving.**

Registration stations are located at the Discovery and Visitors Centre (Km 10) and at the park entrance gatehouse. Whether fishing was good or not so good for you, whether you returned all your catches to the water or filled your quota, you must provide us with this important information. Doing so will help us to ensure a sustainable fishing activity on the Jacques-Cartier River, by compiling fishing statistics.

**Thank you for your cooperation!**



# 5 good practices to adopt in nature

## Our national parks

Given the millions of visits to our national parks annually, harmful behaviors can cause permanent damage to the environment and negatively impact the experience of other visitors. Let's do our part to care for these extraordinary nature sites so we can all enjoy them for years to come.



### Stay on trails and in designated visitor areas

Taking shortcuts can destroy vegetation.



### Do not gather dead wood\*

To preserve the natural environment, it is prohibited to remove natural elements, including animals, plants, dead wood, and rocks.



### Do not feed wildlife\*

Feeding wildlife negatively impacts their natural feeding habits. Keep all food out of reach of animals.



### Keep your distance when observing wildlife

When animals are repeatedly disturbed, their natural behaviors can change, and they can develop problems to feed, find a mate, and communicate among themselves.



### Respect the peace and tranquility, and comply with curfews

People come to national parks to relax and enjoy nature. Please respect curfews and avoid playing music at all times.

\*Failure to comply with rules governing parks and authorized activities is considered a violation of the *Parks Act* and *Parks Regulation*.

